



BOY SCOUTS OF AMERICA®
NASHUA VALLEY COUNCIL

Camp Wanocksett

Nashua Valley Council, BSA



1924 – 2016

2016 Leader's Guide



Prepared. For Life.™

Table of Contents

FROM THE CAMP DIRECTOR	1
KEY ADDRESSES AND PHONE NUMBERS	1
ABOUT THE WANOCKSETT EXPERIENCE	2
THE BOY SCOUTS OF AMERICA MISSION STATEMENT	2
CAMP WANOCKSETT MISSION STATEMENT	2
ABOUT CAMP WANOCKSETT.....	2
2016 SENIOR STAFF	3
PREPARING FOR CAMP	4
CAMP FEES.....	4
REFUNDS.....	4
RESERVATIONS & ORIENTATION.....	5
CAMPERSHIPS	6
PACKING LIST.....	6
CAMP WANOCKSETT PROGRAM	7
PROGRAM STRUCTURE.....	7
MERIT BADGE SESSIONS	7
PATROL TIME	8
OPEN PROGRAM	8
EVENING PROGRAMS	8
SPECIAL EVENTS	9
CAMP PROGRAM AREAS.....	9
OLDER-BOY PROGRAMS, THE WANOCKSETT PIONEERS	16
OFF-SITE TREK PROGRAMS	17
AWARDS AT CAMP WANOCKSETT.....	17
ADULT LEADER PROGRAMS	18
ADDITIONAL PROGRAMS	19

SAMPLE WEEKLY PROGRAM GRID	20
SAMPLE DAILY PROGRAM GRID	21
2016 MERIT BADGE GRID	22
CAMP OPERATING POLICIES	23
LEADERSHIP AT WANOCKSETT.....	23
ARRIVAL & DEPARTURE	23
CAMP WANOCKSETT SERVICES.....	24
MEDICAL STANDARDS	26
CAMP SAFETY POLICIES	27
GENERAL RULES	27
FIRST AID	28
PROHIBITED ITEMS AND UNACCEPTABLE BEHAVIOR.....	28
YOUTH PROTECTION	29
CAMP STAFF / COUNSELOR IN TRAINING PROGRAM	31
THE CAMP WANOCKSETT WISH LIST	31
SAMPLE CAMP MENUS	32
MEDICAL FORM	33
UNIT ROSTER	39
MERIT BADGE SELECTION SHEET	40
FINANCIAL SUBMISSION	41

From the Camp Director

To the Wanocksett Family,

I'd like to take this opportunity to welcome you to the summer of 2016 at Camp Wanocksett. As we embark on the 93rd season of Boy Scout summer camp on the shores of Thorndike Pond, I am constantly reminded of the value of our program to the hundreds of young men and women who spend part of their summer in the shadow of Mount Monadnock. While young people can certainly learn valuable life lessons from sports, the arts, technology, or other extracurricular activities, Scouting brings together such a myriad of lessons and skills, which each person, no matter how long they are involved adds memories and experiences that can't be replicated elsewhere.

Camp Wanocksett provides an experience like none other. For one week out of the year, your Scouts can sail, shoot a shotgun, climb a mountain, ride a mountain board, and do a number of other activities all in the same day. It is where one can challenge themselves, push their limits, and extend out of their comfort zones. It would be hard to find another program that is so well adept at instilling the values of citizenship, character, and fitness. So many of my memories and friends stem from my experiences at Camp Wanocksett, as is the case for all who share in our program. A Scout may only get three, four, perhaps even five summers to be a camper, and we are glad that your youth will be spending this summer with us.

I am often asked why I still choose to spend my summers at Wanocksett, even after twenty-six years. It is because I believe in the program, and I believe in the staff. I believe that we can instill values, and teach lifelong skills to our young men and women. I have seen the power of overcoming a fear on the zip line, or learning how to best protect our planet in Ecology, or simply having some fun jumping off the iceberg on a hot July day. Summer camp is a special place, and we feel that due to the staff, Camp Wanocksett is one of the best summer camps in the Northeast. However, none of these things would be possible without you the troops. And so we thank you once again for choosing to spend part of your summer with us.

It will be another great summer and the staff are already working hard to ensure a great program with new and exciting additions. Some of the new highlights for this summer will be a second motor boat, the collaboration with the Dublin School which has given us use of their brand new boat house for meeting space and storage, and a new focus on treks both in and out of camp. We hope you are ready for the Wanocksett Experience!

Yours in Scouting,

Daniel Francis Megan
Reservation Director
director@campwanocksett.org

Key Addresses and Phone Numbers

Nashua Valley Council
1980 Lunenburg Rd.
Lancaster, MA 01523
(978) 534-3532
camping@nashuavalleybsa.org
<http://www.nashuavalleybsa.org/>
[Facebook.com/NashuaValleyCouncil](https://www.facebook.com/NashuaValleyCouncil)
[Twitter.com/NVC_BSA](https://twitter.com/NVC_BSA)
[Instagram.com/NVCBSA](https://www.instagram.com/NVCBSA)

Camp Wanocksett
642 Upper Jaffrey Rd.
Dublin, NH 03444
(978) 534-3532 x109
director@campwanocksett.org
<http://www.campwanocksett.org>
[Facebook.com/CampWanocksett](https://www.facebook.com/CampWanocksett)
[Twitter.com/CampWanocksett](https://twitter.com/CampWanocksett)
[Instagram.com/NVCBSA](https://www.instagram.com/NVCBSA)

About the Wanocksett Experience

The Boy Scouts of America Mission Statement

The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law.



BOY SCOUTS
OF AMERICA
NASHUA VALLEY COUNCIL

Camp Wanocksett Mission Statement

The sole focus of the Camp Wanocksett Staff is to instill the values of Scouting within each Scout who seeks the Wanocksett Experience. We will achieve this goal by combining attention to detail and the pursuit of excellence with a high degree of professionalism. Ultimately, each Scout will leave Wanocksett better for having come to our camp.



About Camp Wanocksett

Camp Wanocksett is owned and operated by the Nashua Valley Council, Boy Scouts of America. A full-time camp director and ranger administer it, each trained and certified by a National Camping School of the Boy Scouts of America. The Council Board of Directors, through the Council Camping Committee, supervises the camp. The camp is inspected by the Department of Health and is licensed by the State of New Hampshire. Each year, the Council Camping Committee and an Area Camp Visitation Team inspect Camp Wanocksett. It is consistently rated as a Nationally Accredited Camp and has met 100% of standards for the past 30 years. Copies of inspection reports are available from the Nashua Valley Council Service Center.



2016 Senior Staff

Administration

Daniel F. Megan, Reservation Director
Michael Penney, Program Director
Andrew Collins, Asst. Reservation Director
Tim Thibodeau, Asst. Program Director
Adam Morse, CIT Director
Zach Rellstab, Business Manger

John Mayo, Ranger
Kathy Megan, Executive Assistant
Andrew Coleman, Cub Scout Director
Melissa Ford, Cub Scout Program Director
Deryn Susman, Program Commissioner

Area Directors

Chris Cole, Adventure Team Director
Jacob Rodger, Archery Director
Ethan Stadnicki, Archery Director
Anthony Cuoco Aquatics Director
Andrew Sharrock, Aquatics Director
Liam Kelly, BB Director
Justin Klatt, Bouldering Director
Paul Tribiano, Brownsea Director
Rachel Zelle, Dining Services Director
Molly Devlin, Ecology/STEM Director
Mike Mahoney, Ecology/STEM Director
Castin Fraine, Field Sports Director

Sean Donelan, Field Sports Director
John Barcomb, Fishing Director
Jessica Collette, Handicraft Director
David Schottler, Handicraft Director
Alec Gerhardt, Provisional Scoutmaster
Cody Graves, Rifle Director
Nick Costanzo, Scoutcraft Director
Brandon Sickles, Scoutcraft Director
Zach Algarin, Shooting Sports Director
Annie Souza, Trek Director
Michael, Kush, Trading Post Manager

Senior Staff

Zachary Lacroix, Asst. Adventure Team Director
Cory Page, Asst. Adventure Team Director
Ethan Fultz, Asst. Aquatics Director
Owen McKenna, Asst. Aquatics Director
Ryan Pescaro, Asst. Aquatics Director

Nick Valiton, Asst. Aquatics Director
Ed Dunn, Asst. Dining Services Director
Matt Faler, Asst. Ranger
Ross Reynolds, Senior Staff



Preparing for Camp

As the Boy Scout motto says "Be Prepared". Here you will find basic information about fees, refunds, pre-camp orientation meetings for leaders, and how to make reservations.

Camp Fees

Camper Fees

Camp fees for the 2016 summer camping season are:

	<u>Through May 1, 2016</u>	<u>After May 1, 2016</u>
Camper Attending with Troop	\$375	\$395
Camper Attending Provisional	\$375	\$395
Encore Camper	\$375	\$375

Scouts who join the troop after the early bird deadline (Webelos, etc.) will only be charged the early bird fee.

Provisional Troop is for Scouts not attending when their home troop attends, or attending additional week(s) before or after their home troop attends camp. The camp staff provides qualified adult leadership for the Provisional Troop.

Encore campers are those who have attended camp for one week and want to return for additional week(s) of camp.

Adult Leader Fees

Two adult leaders are required to be in camp at all times with every unit; two adult leaders therefore may attend Camp Wanocksett for free. Additional free adults are offered to units based upon the number of youth in camp. Other additional adults may spend the week in camp at a significant discount.

<u>Scouts in Camp</u>	<u>Number of "free" Adults</u>
0-20	2
21-30	3
31-40	4
41-50	5
51-60	6

Additional full week adults may be added for \$75.00 each.

À La Carte Meal Fees

À la carte meals are available for purchase by partial week adults, visitors, and guests for \$5.00 each.

Refunds

The following policy applies to all summer camp programs at Camp Wanocksett. Campsite deposits are non-refundable, but may be either applied to the balance of camp fees due, or rolled over to the following year.

1. \$50 of all individual summer camp fees is non-refundable.
2. Requests for refunds must be submitted in writing to the Council Service Center
3. Requests must include the Scout's name, unit, the camp session, and an explanation for his absence.
4. Requests for refunds must be received by August 31. Requests received after August 31 will not be granted.
5. Refunds will be granted for illness or injury (a doctor's certification may be requested), or a death in the immediate family. Other emergency situations may be considered at the discretion of the Scout Executive.
6. A Scout who becomes ill or injured during camp may receive a prorated refund as determined by the Scout Executive.
7. Refunds will not be granted for scheduling conflicts, no-shows, weather, or behavioral issues.
8. Refunds will not be granted to Scouts who leave camp by their own choice, or are asked to leave camp because of behavioral issues.
9. Summer camp registrations may be transferred to an alternate session, if space permits, without penalty.
10. Refunds will be made to the unit or individual who made the original payment.

Reservations & Orientation

Reservations

To reserve a week of camp for your unit, a \$100 deposit, accompanied by a Unit Reservation Form, should be given to the Camp Director (while at camp) or to the Council Service Center by October 1st of the year preceding your desired attendance. Please note that units who had secured a reservation through a deposit prior to October 1st, and later choose to withdraw forfeit their right to a refund.

Camp Wanocksett has sites designed for units of all sizes. A unit in a particular site and week this summer will be given priority for that site and week next summer. Although every effort will be made to accommodate your preferred choice of campsite, **we reserve the right to relocate units** to a campsite that will better accommodate the number of Scouts attending camp from that unit. Keep your unit's size in mind when consulting the size chart for our camp below. Sites will be confirmed after the pre-camp meeting two weeks prior to your arrival.



Campsite Sizes			
Campsite	Max Unit Size	Campsite	Max Unit Size
Abnaki	26	King Philip	32
-Upper	8	Kiowa	20
-Lower	18	Merrimac	26
Apache	48	Monadnock	14
Arrowhead	20	Nipmuc	24
Blackfoot	34	Rotary	36
Chippewa	10	Sioux	52
Crow	28	-Big	34
Iroquois	48	-Little	18
-Upper	14		
-Lower	34		

Online Registration

We encourage all unit leaders to register their troops online if possible. Paper registrations are available as in previous years. Preliminary unit rosters (including adults) and merit badge choices should be submitted at your Pre-Camp Meeting, though you are able to update your submissions online no later than midnight the night before your troop arrives at Camp. You can find the online registration form at events.nashuavalleybsa.org.

Pre-Camp Orientation Meetings

We invite Scoutmasters and Senior Patrol Leaders to camp on the Wednesday night two weeks before the arrival of their troop for the weekly Wednesday Night BBQ at 6:00PM, followed by a pre-camp orientation meeting with the Camp Administration at 7:00PM. The meeting will take place in the Dublin Boathouse. At this meeting, Scoutmasters must submit copies of their medical forms. Failure to submit all medical forms at least two weeks before check-in will result in delayed processing. If we do not have your forms two weeks ahead of your arrival, your troop will be the last to be medically screened and the last to complete swim checks, regardless of the order in which you arrive at camp. The Camp Administration will discuss any final information that you will need for the upcoming week of camp. The dates for these meetings are:

If you are attending camp during:		Your pre-camp meeting will be held on:
Week One	July 3 – July 9	Wednesday, June 29
Week Two	July 10 – July 16	Wednesday, June 29
Week Three	July 17 – July 23	Wednesday, July 6
Week Four	July 24 – July 30	Wednesday, July 13
Week Five	July 31 – August 6	Wednesday, July 20
Week Six	August 7 – August 13	Wednesday, July 27
Week Seven	August 21 – August 27	Wednesday, August 3

Camperships

It is the policy of the Nashua Valley Council that no Scout shall miss the opportunity to attend summer camp because his family lacks the ability to pay full price. A limited number need-based financial assistance camperships are available directly from Nashua Valley Council for this purpose. We strongly encourage Scoutmasters to investigate local funding sources before applying for council camperships. This extends the number of camperships that can be provided to deserving Scouts throughout this council. Camperships are awarded on a first-come, first-serve basis. Applications are available at the Council Service Center, or by calling (978) 534-3532. All applications must be received no later than April 1. Campership recipients and their unit leader will receive notification by April 15.

Packing List

While at camp, boys stay in two-man canvas wall tents on wooden platforms. Each boy will have a bunk and mattress. Any specialized equipment needed for specific activities is provided. Boys will be responsible for their own personal clothing and equipment.

Please make sure that all personal items are labeled with the Scout's name and hometown. This makes it much easier to identify lost items.



Items to Pack

- | | | |
|--|---|--|
| <input type="checkbox"/> Clothing | <input type="checkbox"/> Flashlight & extra batteries | <input type="checkbox"/> Mosquito netting & poles |
| <input type="checkbox"/> Scout uniform | <input type="checkbox"/> Compass | <input type="checkbox"/> Pen, pencil, notebook |
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Pocketknife | <input type="checkbox"/> Anything needed for merit badge work (see merit badge comments) |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Canteen or water bottle | <input type="checkbox"/> Insect repellent (no aerosol cans please) |
| <input type="checkbox"/> T-shirts | <input type="checkbox"/> Twine or rope | <input type="checkbox"/> Camera and film |
| <input type="checkbox"/> Shorts | <input type="checkbox"/> Beach towel | <input type="checkbox"/> Musical instrument |
| <input type="checkbox"/> Rugged pants | <input type="checkbox"/> Scout Handbook | <input type="checkbox"/> Bible or prayer book |
| <input type="checkbox"/> Sneakers | <input type="checkbox"/> Toilet Kit | <input type="checkbox"/> Sewing kit |
| <input type="checkbox"/> Sturdy shoes or boots | <input type="checkbox"/> Toothbrush & toothpaste | <input type="checkbox"/> Fishing pole & tackle |
| <input type="checkbox"/> Sweater and/or jacket | <input type="checkbox"/> Soap & container | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Swim suit | <input type="checkbox"/> Shampoo | <input type="checkbox"/> Hat or visor |
| <input type="checkbox"/> Poncho or rain gear | <input type="checkbox"/> Bath towel & wash cloth | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Old clothes and shoes (for muck walk) | <input type="checkbox"/> Deodorant | <input type="checkbox"/> Sports equipment |
| <input type="checkbox"/> Camping Gear | <input type="checkbox"/> Comb, brush, mirror | <input type="checkbox"/> Board/card games |
| <input type="checkbox"/> Sleeping bag or blankets | <input type="checkbox"/> Handkerchiefs or bandanas | |
| <input type="checkbox"/> Sheet, pillow, pillowcase | <input type="checkbox"/> Suggested Items | |
| <input type="checkbox"/> Ground cloth | <input type="checkbox"/> Spending money | |
| <input type="checkbox"/> Mattress cover | | |

Please do not bring...

- | | |
|--|---|
| <input type="checkbox"/> Cell phones | <input type="checkbox"/> Alcohol or tobacco |
| <input type="checkbox"/> Portable CD or MP3 players without headphones | <input type="checkbox"/> Personal firearms |
| <input type="checkbox"/> Computers/Video Games | <input type="checkbox"/> Anything of value that may be damaged by being outside |

Campers are responsible for their personal possessions. Lost & found items may be turned in and retrieved at the Administration Building, Nashua Valley Council and Camp Wanocksett are not responsible for lost, stolen, or missing items.

Camp Wanocksett Program

We support the troop program. Our schedule should not be used as a substitute for your troop program. In fact, the daily or weekly schedule is not a program. It is an instrument for planning and for administering the troop program. It is a timetable for certain formal activities and a list of opportunities. The schedule provides a means for mobilizing the program resources of the camp and constructing a balanced experience for each boy.

The key words are accommodation and customer service. What can we do for you this summer? That is the Wanocksett Experience. Baden Powell once said that the patrol was the secret to success in Scouting. The Patrol method is central to good Scouting. There must be certain activities over which the patrol has complete responsibility. The patrol method develops the boys' teamwork and leadership skills and can increase Scout spirit.

At Wanocksett, we believe in the truth of this point so much that we include specific opportunities designed to facilitate the strengthening of the patrols in your troop. The purpose of the camp is to provide experiences for the troop that will make it better able to plan and conduct its own program. The services of the camp staff are of a consulting and empowering nature. The central camp staff and the troop leaders develop the program cooperatively. The troop is responsible for its own program in camp, as it is in its town.



Program Structure

Camp Wanocksett has two structured merit badge sessions in the morning followed by Patrol Centered Programming. A third merit badge session takes place in the afternoon, followed by an open program format, which continues until retreat and after dinner.

Merit Badge Sessions

Merit Badges are the core of the Wanocksett Program. Everyday, Scouts will go to three sessions of merit badges. They can earn these badges in any area of camp. Some badges require additional supplies, outside work, or have age/weight requirements. These are listed for each badge in the Program Areas section.

Selecting Merit Badges



Selecting a merit badge depends on a variety of factors – the Scout's age, abilities, and the troop's year round program. Each Scout's schedule should be challenging and push the Scout towards developing initiative, follow-through, and ultimately success with completion of the merit badge. Units can register online or with a paper form found at the back of this guide. This makes it easier for the camp to process the sign-ups and best serve the needs of each boy. Scouts always receive their choice in badges, though we may move periods to reduce class sizes for the best instruction possible.

The online registration form must be filled out by midnight Saturday before your arrival at Camp. The form can be found at <http://events.nashuavalleybsa.org>.

Extra Help

If a Scout is having trouble with any merit badge, we will give him the help he needs. Leaders are encouraged to visit each Scout's merit badge counselor on a daily basis. Counselors will share with the unit leaders each boy's progress and attendance record at classes. It is important that any problems with a merit badge be brought to our attention as soon as possible. It is impossible to remedy a situation Friday afternoon that began on Tuesday. We want to work with unit leaders and Scouts to make sure merit badge instruction is complete as possible.

Partial Merit Badges

When a Scout presents a “partial” to the merit badge counselor, the work previously done will be accepted after the counselor confirms the Scout’s knowledge. A partial is good from the date the Scout earns it until he turns 18 years old. Partial badges can be worked on during regular merit badge times when said badge is offered, or during scheduled times during open program. Each situation is handled differently, so discuss the partial with the Program Director or an area director.

Bonus Merit Badges

The three class periods provide the bulk of our merit badge program, but Scouts will have the opportunity to earn other badges during open program time. Most of these badges take multiple classes, but they will always take place during the open program block. They are held in different areas throughout camp. This allows Scouts a more flexible schedule to maximize their week at camp.

Session Size and Quality

Staff members will make every effort to accommodate all Scouts for merit badge sessions. We will never close a class due to size, but instead will open a second or even third section of the same badge in a period to ensure the most effective class size and instruction quality. Our merit badge registrar may also reorder a Scout’s badges so they get the same badges they selected but with a more manageable class size. This ensures each Scout receives the badges they want. To assist in this process, unit leaders should try and limit the number of their Scouts that they place in the same session at the same time.



Patrol Time

One of the eight methods for achieving Citizenship, Character and Fitness is the Patrol. Patrols give Scouts experience in practicing citizenship and developing character. Each day patrols will meet after the morning flag ceremony before breakfast and decide on a Patrol Time activity, which will take place after the second merit badge period of the day.

Open Program

After the third merit badge period in the afternoon, Scouts go to open program. The entire camp is open for a multitude of opportunities. Each day, new and exciting programs are offered. Apart from being posted on up-to-date schedules around camp, area directors will announce programs and any changes at meals.

Evening Programs

Every evening, a camp-wide program allows all Scouts and leaders in camp to come together for “Fellowship on the Thorndike.”

Sunday

Opening Campfire 8:00PM - After dinner, Scouts can return to their sites quickly and then gather on the Main Field to file into the Jack and Ruth Kennedy Memorial Amphitheatre. There, the Wanocksett Staff will entertain you with skits, songs, stunts, and vespers.

Monday

Friendship Fires 8:00PM - Scouts can enjoy an hour of open program from 7:00PM-8:00PM and then head out to one of three designated sites for in-site friendship fires. Troops volunteer to host at the Senior Patrol Meeting on Monday and invite their neighbors to come sing songs, and make new friends. Staff members will also attend friendship fires.



Tuesday

Sunset Summit 3:00PM - During the afternoon, the staff begins to prepare for the Monadnock Hike. After a shakedown to be sure all Scouts are adequately prepared, the group starts up to the summit, which they reach just before sunset. They are provided with a bag dinner and after the magnificent view, the hike down returns between 9:00PM-10:00PM (depending on the group's size and abilities). Due to the strenuous nature of the hike, the Sunset Summit requires Scouts to be at least a second year Scout. The trek leader, and camp nurse, will make a judgment call on participation for all youth and adults looking to participate. For those not participating in the hike, program areas are once again open from 7:00PM to 8:00PM.

Wednesday

Family Night 6:00PM - On Wednesday, our dinner is a barbeque, which is served outside. Parents are welcome to this event and encouraged to come. **All family night activities will proceed rain or shine.** Tickets for parent's night are available in the Trading Post (\$8.00 – Adults / \$6.00 – Children). Parents should arrive by 6:00PM.

Events are as follows:

- 6:00PM – Flag Ceremony
- 6:10PM – Barbeque Dinner (Buffet style)
- 7:00PM – Songfest in Amphitheatre
- 8:00PM – Order of the Arrow Tapout Ceremony in OA field
- 9:00PM – Game Night in Dining Hall



Thursday

OA Ice Cream Social 8:00PM – Following open program, Scouts will head into the parking lot and enjoy a make-your-own sundae party provided by the Order of the Arrow in front of Memorial Lodge.

Friday

Rocket Launch 7:00PM & Closing Campfire 8:00PM – Our last night of program begins with a rocket launch after dinner at 7:00PM down on the Waterfront. From there, troops will again assemble to enter the Jack and Ruth Kennedy Memorial Amphitheatre for the Closing Campfire.

Special Events

Camp Alumni Association

The Camp Alumni Association is active in planning events during summer camp and in the off-season. Visit the camp website to find out more about the alumni association and events taking place.

Order of the Arrow

OA Outpost – The Order of the Arrow hosts the OA Outpost, an evening event with fellowship, dutch oven cooking, and field sports for all OA members one evening at the Waterfront.

Camp Program Areas

Camp Wanocksett features a wide variety of open program opportunities at our program areas, supported by key staff members with particular expertise in their program. Listed on the following pages are just some of the enjoyable program options offered in each area. At camp, watch for announcements about what each program area is offering each day.

Aquatics

Located on the beautiful Thorndike Pond, the Camp Wanocksett Waterfront is an integral part of the Scout's camp experience.

Merit Badge	Difficulty	Comments
Canoeing	Moderate	Must pass BSA Swimmer test
Kayaking	Moderate	Must pass BSA Swimmer test.
Lifesaving	Difficult	Must pass BSA Swimmer test. Two period class. Recommended age of 14. Pants and long sleeve shirt are needed.
Motorboating (Bonus Badge)	Moderate	Must pass BSA Swimmer test.
Rowing	Moderate	Must pass BSA Swimmer test.
Small-Boat Sailing	Difficult	Must pass BSA Swimmer test. Two period class.
Swimming	Moderate	Must pass BSA Swimmer test. Pants and long sleeve shirt are needed.
Water Sports	Difficult	Must pass BSA Swimmer test. Recommended age of 14.

Instructional Swim - Instructional swim time is available for any Scout who needs help improving their swimming skills. Both beginners and weak swimmers are encouraged to participate in this program any afternoon starting at 3:00PM.

Polar Bear Swim - Each day at 7:00AM, the beginner's area will be opened for those Scouts and adult leaders who enjoy taking an early dip. This is strictly a "for fun" program.



Free Swim - Each day at 4:30PM, the swimming area will be open so that Scouts and leaders have an opportunity to have fun, cool off, and enjoy a swim in the afternoon.

Mile Swim - The mile swim award is given to those Scouts who can swim a mile in one attempt. Scouts begin the program at 7:00AM on Monday morning. This requires attendance every morning at practice to help prepare oneself for the Friday morning swim at 6:00AM.

Water Basketball/Volleyball - This program provides an opportunity for patrols to have fun, stay cool, and enjoy camaraderie on the waterfront. Patrols & Troops are encouraged to challenge one another, or use this as an opportunity for an inter-patrol activity.

BSA Lifeguard - BSA Guard is a lifeguard certification program. In order to participate, Scouts must be at least 15 years old, complete a rigorous swim test outlined in the requirements, and present a current CPR certification to the Aquatics director. BSA Guard requires 30 hours of commitment during the week, taking up all three merit badge periods and some work during Open Program.

Open Boating - Each day, the waterfront opens to Scouts and leaders to have the opportunity to go boating. Canoes, rowboats, sailboats, kayaks, and paddleboards are available. Water skiing and tubing times on the motorboats are also available for fun, or extra practice for those taking the Water Sports merit badge. Use of the sailboats requires attendance at a sailing orientation on Monday.

Fishing - Those Scouts who would like to go fishing are invited to use the fishing equipment located at the Waterfront. Fishing is limited to the area by the chapel, extending towards the Ranger's beach. Scouts must always be with a buddy, especially when they are fishing.



Brownsea Adventure

Brownsea Adventure is a unique area in camp that helps new and younger Scouts master the skills they need to complete the Tenderfoot, Second Class, and First Class ranks. Scouts learn the basic Scout skills they need for advancement, as well as enjoy special programs available only for younger campers. In the afternoons, campers of all ages come to Brownsea for activities centered on Scout skills, often involving Scout-made delicacies.

Merit Badge	Difficulty	Comments
Fire Safety <i>(Bonus Badge)</i>	Easy	Requirements 6 and 11 must be completed prior to Camp
Scouting Heritage	Easy	Requirements 5 and 6 must be completed prior to Camp

Rank Classes Offered

- Tenderfoot
- Second Class
- First Class

Wanocksett Philosophy on Rank Advancement - We will make sure our training of each young Scout is held to the highest standards – we will teach the Scouts the skills, but we will not sign books. It is up to the Scoutmaster to validate the Scout’s knowledge of the particular skill in question before he/she signs off the requirement. At the end of the week, each troop will receive a sheet with a list of skills that each boy completed during their time at Brownsea.



How It Works - The first year camper program at Wanocksett is called “Brownsea Adventure” in honor of Brownsea Island, the location of Lord Baden Powell’s first camp for boys where he introduced them to Scout skills. Scouts can sign up for one, two, or three Brownsea sessions as if they were merit badges. Scouts then learn the skills needed to advance from Tenderfoot to First Class. We support the unit in however they wish to deliver their program, but recommend that it is optimal for the boys to not take more than one session of Brownsea. This session should be of the rank the Scout has yet to earn and has the most work left to complete.

A Scout working below his level or spending too much time in Brownsea misses out on the rich range of program

opportunities at Camp Wanocksett.

Climbing/Rappelling

The Climbing Merit Badge is fun for those Scouts who are up for a little bit of a challenge. “Open Climbing” is open to all Scouts who want to try their skills at climbing, with three different walls ranging in difficulty.

Merit Badge	Difficulty	Comments
Climbing	Moderate	May involve out of class practice depending on the Scout’s ability level.

Afternoon Programs – Stop by the climbing tower any afternoon for a number of great activities to test your climbing skills. Bouldering, Climbing Bingo, and our electric wall will keep you in the air all afternoon.

Slacklining – A form of tight rope walking, is yet another fun activity offered at the climbing tower. Camp Wanocksett’s slackline will help you increase your balance abilities and at the same time, prove to be a fun program low to the ground.

Practice Lead Climbing – For older boys who want to experience a taste of rock climbing you might see in the movies, one wall of the tower allows Scouts to practice lead climbing all while being secured to a top rope for safety.

The CRACK – A brand new face of the Camp Wanocksett climbing tower, the crack is designed for older Scouts looking for an extra challenge at the tower.



Ecology and STEM

Camp Wanocksett contains over 200 acres of prime New England wilderness for Scouts to explore while they learn about the workings of the natural world and our place within it.

Merit Badge	Difficulty	Comments
Archaeology	Moderate	
Chemistry	Moderate	
Environmental Science	Difficult	Two period class.
Forestry	Easy	
Geology	Easy	
Mammal Study (Bonus Badge)	Easy	
Plant Science	Moderate	
Robotics	Moderate	
Sustainability	Difficult	Requirements 2:Water-A, 2:Food-A, 2:Energy-B or C, and 2:Stuff must be completed before camp.
Soil & Water Conservation	Easy	
Space Exploration (Bonus Badge)	Easy	Scouts must purchase a kit associated with this badge (approx. \$10)



Ice Cream Glaciers – Prehistoric land features just aren't as fun without a little sugar. Come have fun, learn how glaciers once covered the Earth, and stuff your face with that ice cream glacier.

Robot Wars - Come compete against your patrol mates or the ecology staff in Camp Wanocksett's annual robot KO contest!

Sagi Island Kayak Trip - Visit Sagi Island with the ecology staff, learning about the unique ecosystem of island in the middle of the Thorndike!

Woodsmen Field Day - Be like the first land managers and play some lumberjack games!

Play With Your Food - Discover the chemistry of food, as you make and eat such concoctions as boba and gelatinous yogurt!

Leave-No-Trace – Does everybody know and live the Outdoor Code? A great way to learn how to live it in practice every time you go camping is to learn low impact camping skills. This program stresses not damaging the environment as we use it for our Scouting experience.

Experiment Extravaganza – Flying fire, bombs and rockets, jellied water and dissolving packing peanuts? Come down to the Nature Den for some amazing science demonstrations, hands-on experiments, and loud explosions.

Earn Awards – Spend your week working on conservation projects or just having fun in the Nature Den and you could earn the Golden Acorn award. Your patrol can also work together to earn the Arthur Polanski Patrol Conservation Award



Field & Shooting Sports

Field Sports

Camp Wanocksett is blessed with two great field sports facilities for Scouts to use during their camp stay. The camp sports program provides an excellent opportunity to teach valuable skills like sportsmanship, teamwork and fun.

Merit Badge	Difficulty	Comments
Athletics	Easy	Due to requirement 5 this badge cannot be finished at camp.
Chess	Hard	
Personal Fitness	Difficult	Due to requirements 6, 7, & 8 this badge cannot be finished at camp.
Sports	Moderate	Due to requirements 4 this badge cannot be finished at camp.

MacCauley Field – Come play sports at MacCauley Field! Enjoy the basketball court and volleyball pit to challenge another troop or just play a pick up game with other Scouts.



Athletics Field – Our Athletics Field allows teams of Scouts the ability to challenge each other in a number of sports. Soccer, lacrosse, ultimate, and dodgeball are just a few of the many activities available.

The George Magee Triathlon – A unique tradition, the weekly George Magee Triathlon is one that will challenge the most athletic of Scouts. A ¼ mile swim in the Thorndike is followed by a strenuous 4 ½ mile bike ride around the lake. The final leg of the journey is a ½ mile run back into camp. Those who finish as a medalist are awarded in a ceremony that evening at retreat.

Bicycles – Scouts and leaders may bring their bicycles with them to camp.

Upon arriving at camp, please inform your troop guides. We may lock it for safe keeping during your stay at camp. Bicycles can only be used for the Wanocksett Triathlon, and bike rides scheduled by the staff. Use of bicycles within camp to ride between program areas and campsites or as general transportation is not allowed.

Shooting Sports

The Camp Wanocksett Shooting Sports program prides itself in teaching Scouts how to safely and responsibly handle firearms. Ranges are staffed by NRA and National Camping School certified instructors and operate the ranges in accordance with the strictest safety rules.

Merit Badge	Difficulty	Comments
Archery	Difficult	Challenging skill requirements. Scout must purchase arrow kit in the Trading Post (\$4.00)
Rifle	Moderate	
Shotgun	Moderate	Scouts must weigh 125lbs. Recommended age is 13.

Rifle Range – Scouts and adults use .22 caliber rifles on our range as they work towards awards or the merit badge. The range is open in the afternoon for Scouts who want to use a rifle for the first time or for those who want to practice their shooting skills to meet the badge requirements. As always, Scouts learn safe shooting practices and new shooting styles.

Shotgun Range – Come to the shotgun range to enjoy the thrill of shooting a 20-gauge, 12-gauge, or .410 shotgun at clay targets. Challenge your friends to a friendly, safe competition.



Archery Range – The archery range offers the opportunity for instruction with standard target arrows and 20-50lb bows. Enjoy the challenging sport in a safety-oriented atmosphere. Test your skill against your friends or another troop. The 3D Course is also available during the week for a unique skill challenge.

Personal Equipment – Scouts and leaders may bring personal firearm or archery equipment to camp. Immediately upon your arrival, please notify the staff so we may check in the equipment with our NRA certified instructors. Equipment will be stored on site at the range, and will be returned at the end of the week.

Handicraft

Handicraft allows Scouts of all ages to develop their creativity through a variety of hands on activities and projects.

Merit Badge	Difficulty	Comments
Art	Easy	Requires a field trip during camp.
Basketry	Hard	Scouts must purchase kits associated with this badge (approx. \$23). High manual dexterity skills required.
Fingerprinting <i>(Bonus Badge)</i>	Easy	
Indian Lore	Easy	
Leatherwork	Easy	Scouts must purchase kits associated with this badge (approx. \$20).
Graphic Arts	Hard	Requires a field trip during camp.
Model Design & Build	Easy	
Music	Hard	
Painting <i>(Bonus Badge)</i>	Easy	
Photography	Hard	Must purchase disposable camera in Camp Trading Post(\$5) or bring one to camp. Requires a field trip during camp.
Public Speaking	Hard	Prerequisite: Requirements 2 & 4. Must have speeches prepared for camp.
Pottery	Moderate	
Railroading	Moderate	Scouts must purchase kits associated with this badge (approx. \$20).
Sculpture <i>(Bonus Badge)</i>	Easy	
Wood Carving	Moderate	Scouts must have their Totin' Chip or earn it while at camp. Scouts must purchase kits associated with this badge (approx. \$10).

Note: Scouts planning to take both Graphic Arts and Art merit badges will only earn one of the badges due to the field trips for both badges taking place on the same day.



Survival Bracelets - Make a bracelet out of paracord using your knowledge of knots.

Tie-Dying - It's great fun to dye all your favorite clothes in a multitude of colors – pink, purple, orange, red, blue, green, and yellow. Come down and dye some clothes in time for them to dry before the end of your week at camp.

Patrol Flag and Sign Making - Patrols can go to Handicraft to work on making a Patrol Flag or Sign. Use these flags to promote the patrol method within the troop. Show them off at flag ceremonies during the week at camp, or have your sign hung in the dining hall with many other historical signs.

Open Crafts –

Scouts can come down and make almost anything they can think of as long as the materials are available. Different things can be made such as various Popsicle stick contraptions, painting, duct tape wallets, hemp & gimp, and so much more.

Pioneer Spray Paint – Pioneer Scouts can learn about the safety and uses of spray paint. Under supervision, they can make their own unique spray paint art.

Paint-A-Staffer – Scouts can come down and decorate one of the favorite staffers using face paint.



Ranger Corps

The Camp Wanocksett Ranger Corps is the heart of the camp staff. This works to keep the camp looking its best and functioning during your week, all while teaching valuable skills to Scouts in camp.

Merit Badge	Difficulty	Comments
Welding (Bonus Badge)	Hard	Scouts must work on this badge in conjunction with the Rangers outside of normal class periods.

Adult Leader Projects – A dedicated team of adult volunteers assists our camp ranger with maintaining the property year round. Multiple projects are always taking place and adult leaders with knowledge in a trade skill can volunteer to assist the ranger during their week of camp. Skills including electrical, plumbing, framing, automotive, masonry, and painting are always needed to keep Camp Wanocksett looking its best.

Scoutcraft

Scoutcraft is at the heart of a Boy Scout camp; it is what makes a Scout camp different from any other camp. All a Scout needs to know about camping can be learned at Scoutcraft.

Merit Badge	Difficulty	Comments
Camping	Moderate	Prerequisite: Requirements 4, 9a-c. Scouts must present backpack and gear for inspection.
Cooking	Easy	Prerequisite: Requirement 7. Time outside of class is required.
Geocaching	Easy	A camp GPS unit is supplied.
Pioneering	Moderate	Two period class.
Wilderness Survival	Moderate	Scouts will sleep out in a shelter one night. Materials for a survival kit are required.



Map and Compass Skills - Getting lost in the woods is certainly not fun – especially if you are all alone. Avoid this by learning the proper use of a map and compass. During this demo, each Scout will learn to read and orient a map, as well as acquiring some basic compass skills. The high point of the program puts these skills to practice on an actual compass course. Also, Scouts will have the opportunity to find hidden objects using our state-of-the-art GPS devices.

Pioneering Projects - Help to build a monkey bridge, gateway, or tower using lashings. Scouts love building pioneering projects, and the skills they learn go well beyond knots & lashings, to include teamwork and problem solving.

Dutch Oven Cooking – Some of the best meals prepared in the camp setting are made using a Dutch oven and hot coals from a campfire. Stop by Scoutcraft to help prepare the fire and cook some amazing food, including stews, baked goods, and deep-fried comfort foods. The senior staff is happy to come to your campsite to teach Dutch oven cooking to your troop. Interested troops should have their Senior Patrol Leader speak with the Scoutcraft director.

Firebuilding - Have you ever had a problem building a fire after it rains? Do you have a hard time building a good cooking fire? Would you like to learn how to start a fire without matches or a lighter? If you answered “yes” to any of these questions, then sign up for this demo and learn all there is to know about firebuilding. We will cover different methods of fire building and fire starting, including flint and steel, fire by friction and many others.

Ropework Mastery - Just think of how much more fun you'll have on your next camping trip once you've mastered some of Scouting's more advanced knots, lashings and splices. We will cover basic knots, advanced knots, lashings, splices, whipping, and even making your own rope.



Older-Boy Programs, The Wanocksett Pioneers

You may be asking, “How do I keep the older boys in my Troop interested?” Activities for older boys are available everyday in all program areas! This permits experienced Scouts the opportunity to explore different activities in different areas and to work on their own advancement.

Eagle's Nest

The Eagle's Nest is a program dedicated to helping Scouts on their trail to Eagle. These badges will require a serious commitment from Scouts who are looking to take the next step towards Eagle. Scouts may have to spend additional hours with counselors to complete all requirements.

Merit Badge	Difficulty	Comments
Citizenship in the Nation	Difficult	Prerequisite: Requirement 8. Some work must be done outside of normal class period.
Citizenship in the World	Difficult	Prerequisite: Requirement 7. Some work must be done outside of normal class period.
Communications	Difficult	Prerequisite: Requirement 5. Some work must be done outside of normal class period.
Emergency Preparedness	Moderate	
First Aid	Moderate	Some work must be done outside of normal class period.

The Wanocksett Adventure Team

The Wanocksett Adventure team offers a number of Pioneer activities for older Scouts (ages 14 and up) attending Camp Wanocksett. Mountain bikes, mountain boards, Project COPE, and a number of other high adventure activities are available during the formal Adventure Team time in the morning, or occasionally in the afternoon during open program.



Morning Program – The Wanocksett Adventure Team runs each morning from 9:00AM until 12:00PM — taking place during the first two merit badge classes as well as Patrol Time. This program is a unique one in that participants are able to work together to plan their own program for the week.

After a day of initiative games, and a safety/equipment training session, participants spend at least two days of the week on the low and high C.O.P.E. courses. The low course includes elements at most 12 feet above the ground, while the high course elements are 15 to 40 feet high. Group and individual activities are designed to develop and strengthen communication skills, planning, trust, teamwork, leadership, decision-making, problem-solving skills, and self-esteem. Solutions to challenges often require a combination of athleticism

and out-of-the-box thinking. Group activities emphasize the patrol method and develop leadership skills. Individual challenges build confidence and self-reliance. The activities are not designed to be competitive, or a race against time, but rather a means to learn the values of leadership, trust, teamwork, self-esteem, problem solving, communication, and decision-making.

The week includes Project C.O.P.E. for at least 3 days, and two days which participants choose programs including mountain biking, kayaking, mountain boarding, advanced rock climbing and rappelling, and more.

Afternoon Program – The Adventure Team offers a number of activities for Scouts of all ages in the afternoon. These programs include mountain boarding, mountain biking, bike rides, C.O.P.E. games, the zip line, and a special day at the climbing tower to experience some extra special climbing activities!



Off-Site Trek Programs

Scouts and adult leaders can enjoy a number of off-site trek programs offered during their week of camp. Trips are organized by a dedicated staff member and follow all BSA requirements for off-site programs. Additional trek programs will be organized on a weekly basis based on interest.

5 Mile Hike - A special hike is a great opportunity to see the Grand Monadnock from a different perspective and also to cover requirements for rank advancement. Conducted in a safe manner, this program exposes boys to the whole Thorndike Pond while they learn the proper way to hike on the road and use compasses for navigation.

Sunset Summit - What better way to celebrate a week at camp than climb a mountain for the sunset? Join the staff in this fun event that is sure to enlighten everyone. Due to the strenuous nature of the hike, the Sunset Summit requires Scouts to be at least a second year Scout. The Director will make a judgment call on participation for all youth and adults looking to participate.

Muck Walk - For those on the adventurous side, wade your way through the unique environment of the Camp Wanocksett swamp. Leave camp nice and clean, and return covered with muddy, slimy filth! This is always a great way to spend the afternoon with friends.

Rock Climbing on Mt. Monadnock - Join the climbing staff for an afternoon of rock climbing on one of the most climbed mountains in the world. Views from the top of our routes are amazing!

Kimball's Ice Cream Bike Ride - One afternoon, take a trip 6 miles into Jaffrey center and grab a cone of your favorite ice cream from the best ice cream in the region.

Awards at Camp Wanocksett

Individual Scouts & Leaders, Patrols, and Troops have the opportunity to earn a number of awards during their stay at Camp Wanocksett. Information about all of the awards can be found in the check-in packet each troop receives on Sunday, and by stopping by the Administration building any time.

Baden Powell Patrol Award

To help promote the patrol method of the Boy Scout program, patrols can work together to complete a number of activities during their week at camp to earn the Baden Powell Patrol Award. Among the requirements, patrols must make a patrol flag, use a patrol cheer during the week, participate in patrol activities at 11AM, challenge another patrol to a sports competition, and perform a conservation project.

John Coyle Troop Award

To unite patrols in a troop, the John Coyle Honor Troop Award has members of a troop participate together in a number of activities during camp. Each patrol must earn the Baden Powell Patrol Award, attend all camp wide activities, participate in seven listed activities, make an improvement to the campsite, and a few other requirements.

Arthur Lomax III Marksmanship Award

Arthur Lomax III was an Eagle Scout from Troop 165 Charlton. From 1990-1997 he served on Camp Wanocksett Staff. He was awarded Vigil Honor from The Grand Monadnock Lodge #309, a proud member of the Iron Workers Union, and a great friend of Wanocksett. To complete this marksmanship award, an individual must achieve high scores in competitions at each of the three shooting ranges in camp.

Golden Acorn Award

Living in the shadow of the most summited mountain in the world is a unique experience. Scouts who make a contribution to the Ecology/STEM program at Camp Wanocksett will receive the Golden Acorn award.

Arthur Polanski Patrol Conservation Award

Patrols who embody the ideals of Leave-No-Trace and conservation during their stay at camp are invited to earn the Arthur Polanski Patrol Conservation Award. To earn the award, patrols must complete a conservation project approved by the Ecology director, write an article for the *Wanocksett Times* about a significant conservation issue at camp, participate in the recycling program, and participate in the Ecology/STEM program at Camp Wanocksett.

Adult Leader Programs

There is something to do for everyone at Camp Wanocksett. Apart from watching out for your boys, Wanocksett provides you with opportunities of your own.

Scoutmaster University

Our area directors are National Camp School Certified in many different areas of the Scouting program, and during the week there are opportunities for them to pass on their knowledge to you. These training sessions can help to enhance your troop program outside camp. The sessions offered are:

- Youth Protection
- Leave-No-Trace
- Climb On Safely
- Safe Swim Defense
- Safety Afloat
- Trek Safely
- Hazardous Weather
- Paddle Craft Safety
- Swimming & Water Rescue

Adult Awards

Wanocksett takes pride in recognizing the hard work and dedication of our adult leaders. For those that go above and beyond, there are two awards you can receive:

The Ranger Jack Scoutmaster Award – This award honors a long time Scouter, Ranger, and friend of Wanocksett, Ranger Jack Kennedy from Boxborough MA. Our amphitheater is named after he and his wife, and the award dedicated to him is for outstanding Scoutmaster service in program.

Adult Service Corps – At the start of every summer, the staff sets up the facilities of Wanocksett. As the program starts, the staff's attention shifts to the boy. Our facilities upkeep is largely maintained by the Ranger Corps, and adult volunteers who come every week. Any adult who performs 10 or more hours of work will be recognized for the Adult Service Corps, reserved for those who go above and beyond to make our camp a better place.

Scoutmaster Shotgun Shoot



A tradition at Camp Wanocksett is the weekly Scoutmaster vs. Administration shotgun shoot. Adult leaders are invited to the Shotgun range to compete in a competition against the Camp Administration team. Test your skills against this formidable team. Not a frequent shooter?...Never shot before?...Don't worry! Our shooting sports director offers time to practice earlier in the week and can help you shoot for the first time.

Club Wanocksett

As a staff, our mantra at Camp Wanocksett is "We are here to have the time of our lives". In that spirit, we provide a number of opportunities for adult leaders to engage in the wide array of recreational pursuits we have available. Adult leaders may participate in everything from free swims and bike rides, to open boating and Project C.O.P.E. The

highlights of Club Wanocksett include the Administration vs. Scoutmaster Shotgun Shoot and the Scoutmaster Appreciation Reception on the Waterfront. More details about the potential activities available to you will be found in your Sunday check-in packet.

Additional Programs

Camp Wanocksett strives to be the best of the best in all aspects of the summer camp experience. Here are some additional programming items available to you.

Outpost Camping

Outpost camping is available at Camp Wanocksett. This is a great opportunity for you and your boys to spend some nights sleeping in Adirondack shelters far from the hustle and bustle of camp. Hike up for a night of relaxation, cook your own meals provided by Dining Services, and then hike back in the morning in time for morning program. The Program Director can schedule your troop during your week stay for an evening at the Outpost.

Troop Activities

At any time during the afternoon, troops may schedule demonstrations and activities in the program areas or in their own campsite. Please work out the arrangements with the area director as to the time and location.

The Order of the Arrow at Camp Wanocksett

The Order of the Arrow is Scouting's National Honor Society, based upon the principles of brotherhood, cheerfulness, and service. Scouts may be elected to the Order of the Arrow by their peers in their troop once they have reached the rank of First Class Scout, proven themselves as a camper, and have demonstrated that they live the Scout Oath and Law in their daily lives. The Order of the Arrow has been instrumental in the growth and development of Camp Wanocksett.

In recognition of this, members of the Order of the Arrow are urged to wear their OA sashes with their Scout uniforms all day on Wednesday. Following the Wednesday evening BBQ and songfest, The Grand Monadnock Lodge #309, our council's Order of the Arrow lodge, will perform the Order of the Arrow Call-Out ceremony to recognize those Scouts who were elected to membership in the Order of the Arrow. Troops from Nashua Valley Council wishing to hold Order of the Arrow elections should contact their district's Lodge Vice-Chief before camp: **Lodge bylaws, and National OA policy, prohibit holding Order of the Arrow elections at summer camp.**

The Lodge will also call out Scouts from other councils, although our lodge cannot conduct unit elections for troops from other councils. You will need to have a valid election conducted by your home lodge, and bring a copy of the official election report with you to Camp Wanocksett in order to have your Scouts called-out. We will then be happy to recognize your Scouts during our Call-Out ceremony.



Mount Monadnock

While you are thinking of different things to do, don't forget the majestic Mount Monadnock that watches over our camp. Mount Monadnock is one of the most climbed mountains in the world. The availability of the extensive trail network on this historic mountain is one of the unique features that set Camp Wanocksett apart from other Scout camps. All trails on the mountain are challenging, but there is one for every age group of Scouts. The 3,165-foot summit offers spectacular views of six states; you can even see the Boston skyline on clear days. Monadnock's 2,000-foot vertical rise offers a rewarding experience for beginning and advanced hikers alike.

Depending on which trails you take, the trip can be completed in about four or five hours. Our Sunset Summit program is held on Tuesday nights, but if you want to host your own hike, accommodations can be made. Troops usually leave immediately after lunch, and return by supper. You can request bag lunches or food to cook in your site for supper if you want to allow more time. Troops are required to file a hike plan with the Program Director prior to leaving camp.

Sample Weekly Program Grid

Camp Wanocksett Weekly Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7:00		Orientation-MS-PB	Mile Swim / PB	Mile Swim / PB	Mile Swim / PB	Mile Swim (at 6)	Gear Pickup Starts	
7:45		Colors	Colors	Colors	Colors	Colors	Colors	
8:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
9:00		MB Session #1	MB Session #1	MB Session #1	MB Session #1	MB Session #1	Campsite Cleanup	
10:00		MB Session #2	MB Session #2	MB Session #2	MB Session #2	MB Session #2	Closing Ceremony	
11:00		Patrol Centered Skill Instruction*	Patrol Centered Skill Instruction*	Patrol Centered Skill Instruction*	Patrol Centered Skill Instruction*	Patrol Centered Skill Instruction*		
12:15		Lunch	Lunch	Lunch	Lunch	Lunch		
1:00		SPL Meeting	Troop Development Time 1 - 2					
2:00	Check-In: 2 PM - Medical Check	MB Session #3	MB Session #3	MB Session #3	MB Session #3	MB Session #3		
3:00	- Swim Check	Open Programs & Demos 3:00 - 5:30	Open Programs & Demos 3:00 - 5:30	Open Programs & Demos 3:00 - 5:30	Open Programs & Demos 3:00 - 5:30	Open Programs & Demos 3:00 - 5:30		
4:00	- Camp Tours		Sunset Summit <i>Meet at 3:15PM</i>	Thorndike 5 Mile Hike <i>3PM @ Memorial</i>	Wanocksett Triathlon			
5:30	- Orientations		<i>Memorial Lodge</i>					
6:00	Retreat	Retreat	Retreat	Retreat	Retreat	Retreat		
6:15	Dinner	Dinner	Dinner	Family Night BBQ	Dinner	Dinner		
7:00	A-Team Open House	Open Programs	Open Programs	Songest / Campfire	Open Programs	Rocket Launch		
7:30	Chapel	Sailing	OA Call-Out Ceremony	OA Call-Out Ceremony	OA Ice Cream Social	Campsite Cleanup		
8:15	Opening Campfire	Orientation: 7:00	Brownsea Evening Adventure! <i>8:30PM Brownsea</i>	OA Crackerbarrel Pre-Camp Meeting	8:00 Memorial Lodge	Closing Campfire		
		Friendship Fires		Game Night		Wanocksett House of Pizza		

*Each Patrol will devote one hour of Patrol Centered Skill Instruction or Troop Development Time to an approved conservation or service project.

Sample Daily Program Grid

Time	Nature	Waterfront	Brownsea
Patrol Time 11:00-12:00	Nature Games Conservation Projects	Iceberg Climb Pioneer Kayak Walks Water Basketball	Brownsea Relay Chocolate Paninis
Open Program 3:00-5:30	Sagi Island Kayak Trip Tea Time Caterpillar Hunt	Instructional Swim 3-4 Open Boating 3-4:30 Water Basketball 3:30-4:15 Water Skiing/ Tubing 3-5 Pioneer Kayak Walks@4 Iceberg Climb 3:00-4:15 Free Swim 4:30	BROWNSEA BEACH BASH!!!!!! Scouting Jeopardy!
Evening Program 7:00-8:00	7:00 Rocket Launch @Waterfront 8:00 Closing Campfire	8:00 Closing Campfire	8:00 Closing Campfire
Time	Scoutcraft	Shooting Sports	Climbing/ A Team
Patrol Time 11:00-12:00	Deep Fried Donuts Tomahawks	Shotgun: Pioneer Shoot Archery: Challenge the Staff Rifle: Patrol Shoot	Electric Wall
Open Program 3:00-5:30	Flannel Friday Dress and act like a lumberjack Foil Packs Tomahawks & Slingshots	All Ranges: Open Shoot! Carnival Shoot At Rifle Preference to those trying to qualify for the Merit Badge	MOUNTAINBOARDING!!!! Open Climb
Evening Program 7:00-8:00	8:00 Closing Campfire	8:00 Closing Campfire	8:00 Closing Campfire
Time	Field Sports	Handicraft	Adult Volunteers
Patrol Time 11:00-12:00	M- Patrol vs. Patrol Nuke 'em	Candle Making Patrol Signs and Flags	Safety Afloat Safe Swim Deffense
Open Program 3:00-5:30	King of the Pit Volleyball Batting Cage Home Run Derby	1:00 Art MB Field Trip 3:00 Fingerprinting MB Perler Beads Super Hero Costume Replica Contest & Parade	Handicraft Art MB Field Trip Drivers Needed @ 1:00
Evening Program 7:00-8:00	8:00 Closing Campfire	8:00 Closing Campfire	7:00 Leave No Trace SMU @ Handicraft 8:00 Closing Campfire

2016 Merit Badge Grid

2016 Camp Wanocksett Daily Merit Badge Schedule

	Aquatics	Brownsea	Eagle's Nest	Ecology & STEM	Handicraft	Adventure Team	Scoutcraft	Sports
1 st Period 9:00 - 9:50	BSA Guard Canoeing Lifesaving A Sailing A Swimming Water Sports	Tenderfoot Second Class First Class	Cit. in the Nation Communications	Archaeology Enviro. Science A Plant Science Robotics	Music Pottery Public Speaking Wood Carving	The Wanocksett Adventure Team (9:00-12:00)	Camping Cooking Pioneering A Wilderness Survival	Archery Climbing Personal Fitness Rifle Shotgun
	Aquatics	Brownsea	Eagle's Nest	Ecology & STEM	Handicraft	Health Lodge	Scoutcraft	Sports
2 nd Period 10:00 - 10:50	BSA Guard Canoeing Lifesaving A Lifesaving B Sailing A Sailing B Swimming Water Sports	Tenderfoot Second Class First Class	Communications	Enviro. Science A Enviro. Science B Forestry Robotics	Graphic Arts / Photography Indian Lore Model Design Railroading	Emergency Prep.	Camping Cooking Pioneering A	Archery Climbing Personal Fitness Rifle Shotgun
	Aquatics	Brownsea	Eagle's Nest	Ecology & STEM	Handicraft	Health Lodge	Scoutcraft	Sports
3 rd Period 2:00 - 2:50	BSA Guard Kayaking Lifesaving B Rowing Sailing B Swimming Water Sports	Tenderfoot Second Class First Class Scouting Heritage	Cit. in the World	Chemistry Geology / Soil & Water Conservation Enviro. Science B Sustainability	Art / Basketry Leatherwork Railroading Wood Carving	First Aid	Camping Cooking Geocaching Wilderness Survival	Archery Climbing Sports / Athletics Rifle Shotgun

Afternoon Bonus Merit Badge Offerings

Scouts do not need to sign up for these badges in advance

Fire Safety	Painting	Welding
Mammal Study	Sculpture	
Motorboating	Space Exploration	
Art		
Chess		
Fingerprinting		

Merit Badges followed by an "A" are required to meet for both of the first two periods (from 9:00AM – 10:50AM).
 Merit Badges followed by a "B" are required to meet for both of the last two periods (from 10:00AM – 10:50AM & 2:00PM – 2:50PM)
 BSA Guard is required to meet during all three periods and parts of the afternoon open program time.
 The Wanocksett Adventure Team meets during the first two periods and patrol time (from 9:00AM – 12:00AM).

Camp Operating Policies

Leadership at Wanocksett

The Role of Your Troop Leadership

The Boy Scouts of America runs on adult leadership. Camp Wanocksett provides a high-quality program thanks to those adults who bring their boys to camp. BSA policy requires that:

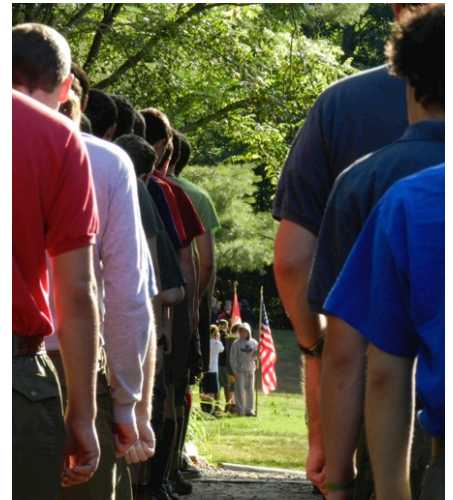
- At least two adults are present in camp at all times
- One must be a registered adult Scouter
- One must be 21 years of age, the other at least 18 years of age.
- All adults must hold a certificate of Youth Protection Training

Additional troop leadership should reflect an awareness of the troop size, skill level, and special needs. Camp Wanocksett strongly recommends a ratio of two adults for up to twenty boys, and one additional adult for every ten boys past twenty. A leadership roster indicating the anticipated arrival and departure times of all leaders spending time in camp must be left with the camp office, and updated throughout the week if plans change. The Scoutmaster is responsible for confirming that each adult has been trained in Youth Protection. Youth Protection Training is offered regularly by Nashua Valley Council, and is always available online via the Nashua Valley Council Web site at www.nashuavalleybsa.org.

The Role of the Camp Staff

Wanocksett's staff is here to assist you in delivering an exceptional summer camp experience. We have employed highly skilled, well-rounded staff members who are no strangers to the Scouting program and its ideals. Those who provide the Wanocksett Experience are chosen because they believe in Scouting, believe in Wanocksett, and want to make a difference in the life of a boy.

We will make mistakes and errors in judgment, as everyone does, but they will be honest mistakes. With your help, we will avoid these same mistakes again, and overcome any challenge. Together we can all make this a better experience for the Scouts. By helping, assisting, and accommodating you as leaders, we will not take over your troop, but provide an arena for a fun, safe, and unforgettable summer camp experience.



Arrival & Departure

Arriving at Camp Wanocksett

Each program week, arrival time is between 2:00PM and 3:30PM on Sunday. The gate will be closed before 2:00PM and parents are not to drive to individual sites as the staff will be busy preparing for your arrival. When the gate is open at 2PM, parents and leaders can begin entering the parking lot where they will be directed to gear drop off, and then further to parking. Gear will be placed under designated signs in Memorial Lodge to be later driven up to your sites. Troop Guides will be waiting to meet with you and guide your troop through the check-in process:

Check-in Process

- Health Lodge Check In
 - Med Forms Check (Medical forms are required at the pre-camp Scoutmasters meeting 2 weeks prior to check-in)
 - Medications drop off
- Waterfront Orientation & Swim Checks
- Troop Pictures
- Dining Hall Etiquette/Waiter orientation
- Campsite Set Up

2016 CAMP WANOCKSETT LEADER'S GUIDE

Our check-in process is always tentative, and the staff works together to keep the process quick, but if your troop needs to be accommodated in any way, it will be done. The Trading post will be open during arrival times. Uniform parts, Wednesday Night Barbecue tickets, snacks, cold drinks, and much more will be available to purchase. After check-in, Troops are encouraged to nest and get settled in the campsite until our retreat ceremony at 6:00PM. Complete BSA uniforms are requested for all evening ceremonies. Dinner is served at 6:15PM, and following dinner is our opening campfire at 8:00PM.

Some tips for an efficient check-in:

- Arrive as a unit at **2:00PM; no earlier**
- Wear swimsuits underneath Class A uniforms, or at least keep them accessible
- Drivers should remain in cars during gear drop off, our staff will handle the baggage while you proceed directly to parking
- Leaders should link up with troop guides as soon as possible
- If your troop is waiting for more boys, wait on the OA field to the left of the parking lot, not inside Memorial Lodge
- Be sure to bring copies of your medical forms to the pre-camp meeting

Departing from Camp Wanocksett

Friday, the last full day of program, ends after the closing campfire at 8:00PM. Troop guides will be up to your site with merit badge paper work. Please review this carefully and bring any concerns to the Administration building after breakfast on Saturday. Saturday's schedule looks like this:

- 7:45AM - Colors
- 8:00AM - Breakfast
- 8:30AM - Troops return to site to pack up. When the troop is all packed up, notify the staff, and a truck will arrive to transport your gear.
 - Area directors can be found in the Administration building to answer with Merit Badge questions.
- 10:00AM - Closing Ceremony on Main Field
 - Here the troops will receive awards and any photographs they ordered.
- 10:30AM - Camp Dismissed

Your troop's gear will be in Memorial lodge for pick up. The nurse will return medications at the closing ceremony. The trading post will be open for last minute purchases and sales. Please be careful driving home; it will have been a long and fun, yet tiring week.

Camp Wanocksett Services

Dining Services

Dining Services at Camp Wanocksett is committed to excellence in food preparation and presentation. The operating philosophy of the Wanocksett Dining Service is that no one will leave the dining hall with an empty stomach. For over a decade, we have contracted with the Café Services Food Service Company of Londonderry, New Hampshire. Café Services has consistently received rave reviews for their attention to detail and customer service attitude toward the needs of Scout. During the week, we serve three meals a day in the dining hall beginning with Sunday dinner through Saturday breakfast:

- Breakfast at 8:00AM following morning Colors
- Lunch at 12:15PM following the end of morning program
- Dinner at 6:15PM following Retreat.



Camp Wanocksett uses a “waiter” system in each troop to give Scouts an opportunity to learn and practice sanitary and considerate mealtime habits. Each troop is asked to send two waiters per table to each meal. Waiters arrive to the Dining Hall 15 minutes early to set the table for the meal, serve food to their table and ensure fair portions for all, and clean up following the meal. The waiter responsibility rotates throughout the week so that all Scouts share in this work equally. A certified dietician has approved all meals on the menu to ensure that they provide an optimal level of nutrition and energy. During our pre-camp meeting, we will share with you the menu for your week. A sample menu can be found in the back of this leader’s guide.

Camp Dining Services are able to accommodate specific dietary requests of a health or religious nature with sufficient notice. Please inform the Camp Director of any special needs as soon as possible.

Trading Post

The camp trading post stocks various Wanocksett souvenirs such as shirts, hats, mugs, and patches. The trading post carries official BSA uniform parts such as shirts and socks, as well as basic camping gear such as flashlights, knives, and mosquito netting. Merit badge pamphlets, craft kits, and other supplies, needed for advancement work, are also available. The trading post is perhaps best known for a wide variety of snacks, candy, water, juice, soda, and ice cream.



Trading Post Hours

Sunday	2:00PM – 5:30PM
Monday	3:00PM – 5:30PM and 7:00PM – 8:00PM
Tuesday	3:00PM – 5:30PM and 7:00PM – 8:00PM
Wednesday	3:00PM – 8:00PM
Thursday	3:00PM – 5:30PM and 7:00PM – 8:00PM
Friday	3:00PM – 5:30PM
Saturday	9:00AM – 11:00AM

The Trading Post is open to Scouts only at the times listed above, but adult leaders may enter during the morning periods. Scouts are not allowed into the trading post during the mornings, with the exception of Mondays before first period in order to purchase merit badge supplies.

Provisional Camp

Provisional camping (“Provo”) is a great opportunity for your Scout to continue the Wanocksett Experience beyond their week with the troop. Scouts who attend camp on a provisional basis work on merit badges, go to campfires, participate in flag ceremonies, and have all the fun that they would with their troops. They will attend camp as part of provisional Troop 1 Wanocksett, with Scouts from all over New England. Provo is a very interesting part of the Wanocksett experience as it is great way to earn more badges, try out more programs, and meet new friends.

The Provisional troop is lead by a Scoutmaster and an experienced leadership team, all of which are trained members of the camp staff. Each Scout stays in a cabin with electricity, is with boys his own age, and is with boys from his own troop if others are attending Provo that week. There are no age limits to Provisional; boys from age 10 – 17 are eligible to attend. It’s A GREAT DEAL: A Scout who attends camp with their home troop and then attends a week of provisional is charged a reduced rate for the second, or encore, week of the Wanocksett Experience. To sign up for additional weeks of Camp Wanocksett, contact the Council Service Center, register online at CampWanocksett.org, or see any member of the camp staff during your week in camp.

Remember, you don’t need to come with your troop to be a Provo camper. Many Provo campers are from troops who don’t attend Wanocksett during the summer, but wish to attend a camp with a great program and a quality staff.

Medical Standards

Medical Forms

Each Scout and adult who attends camp must complete an Annual BSA Health and Medical Record. Copies of this form are included in the back of this guide, or available for download from the camp website at www.campwanocksett.org. A medical form is included at the end of this guide.

- Other forms cannot be accepted as your only health form without a BSA medical form attached.
- Scouts and adult leaders must submit a BSA Health and Medical Record that lists a physical within the past 12 months. Medical forms are valid through the end of the 12th calendar month from the date of the physical. (i.e. if a physical was completed on July 8th, the medical form is valid until July 31st of the following year)
- No Scout or Scouter will be permitted to remain in camp overnight without a complete medical form.
- Medical forms will be collected at the appropriate pre-camp meeting and will not be returned at the end of camp. NH law requires us to retain the medical forms. Please only submit copies and retain the ORIGINALS, as medical forms will not be returned.
- Medical forms must include a complete immunization record (NH law) not just the most recent immunization in a series.
- Exemption from immunization requirements must comply with both BSA National policy, as well as NH Law. Please contact info@campwanocksett.org for information on the requirements.

A medical examination must be completed, signed, and documented on the health form by a licensed health care practitioner (this includes medical doctors, osteopaths, chiropractors, physician's assistants, and registered nurse practitioners). Please make sure that the contact phone numbers listed on the medical form are valid for that week, and make sure that the immunization record, insurance information, and any new medical information has been updated.

Personal Medication at Camp

All medications, both over-the-counter and prescription medication, must be turned into the camp nurse during the medical check on Sunday afternoon. The nurse will determine what each Scout or adult is allowed to keep on his/her person during the week. Unless otherwise determined by the nurse, all medications must be stored at the Health Lodge. Important reminders about prescriptions:

- **Must be** in the original container
- **Must only** include the number of pills the Scout needs for the week of camp
- **Must bear** the pharmacy label that shows:
 - **Prescription Number**
 - **Date Filled**
 - **Physicians Name**
 - **Directions for Use**
 - **Patient's Name**
- **Must match** the MD order, which should accompany the medical form.
- Orders signed by the physician, and the parent/guardian **must be** submitted for the nurse to administer prescription medication. **Important** – Please check forms and remove any medication orders that will not be given at camp that year.



Accommodating Individual Needs

The Wanocksett Staff is fully committed to including all Scouts in every aspect of the summer camp program. Often, meeting the needs of all campers requires minor adaptations of our facilities, staffing, and instructional plans. Special menus, one-on-one instruction, accessible campsites, individual counseling, and other provisions are available for Scouts or leaders because of physical disabilities, learning disabilities, medical conditions, dietary requirements, religious practices, or other special needs. Unit leaders should contact the Camp Director well in advance to outline the specific needs of Scouts and leaders in their troop.

Camp Safety Policies

General Rules

Buddy System

The buddy system is an effective tool that can be used to not only increase the fun that a boy can have at summer camp, but also increase the level of safety. The buddy system is not only for the waterfront, but extends to all aspects of the summer camp program. We will be vigorously encouraging the use of this system by all boys at camp this summer. Boys need to travel between programs, events, and activities with at least one buddy.



Emergency Procedures

A camp that is well prepared has few emergencies. Should one arise, it is very important that all people react calmly and efficiently so as not to spread panic. When a Scout or Scouter hears the camp siren, they must quickly, but safely, travel to the Order of the Arrow Field and form by troop to take attendance.

Adult Behavior

Adults must be conscious of their behavior while they are in camp. Yelling, verbal abuse, or other inappropriate actions/behaviors will be grounds for removal from camp.

Fire Alarm Boxes

If a Scout or Scouter sees a fire, they must head towards the nearest firebox, pull the lever and then proceed to the Administration Building to report the fire to the person in charge. The fire alarm boxes are located at the: Dining Hall, Health Lodge, Administration Building, Aquatics Tower, and Trading Post.



Personal Firearms & Bows

Scouts and Leaders are discouraged from bringing their personal firearms and bows to Camp Wanocksett. However, if one seeks to bring these items to camp, the Camp Director must be notified prior to its arrival. These items must be checked at the Administration Building during arrival and will remain stored in locked buildings during your stay at camp. The Shooting Sports Director has the authority to not allow equipment to be used if it is deemed unsafe. His decision is final. The only personal items allowed are rifles, shotguns, and bows.

Animal Control

Animals, chiefly raccoons and skunks, may be attracted to your campsite at night if food or food wrappers are left out to attract them. These animals can quickly become a nuisance. Animals should not be encouraged by feeding or leaving food for them.

Domesticated Animals

Domesticated animals (dogs, cats, etc.) are not to be brought to camp by Scouts, leaders, or visitors with the exception of service animals.

Road Crossing

Scouts are asked to refrain from crossing the road except at existing locations for the Scouts' safety. Scouts and troops are also reminded to not march down either road and instead use camp trails.

Scouts Leaving Camp

Scouts leaving camp for any reason must be accompanied by an adult leader, and parent/legal guardian, and must sign out at the Administration Building. The medical forms must include the names of anyone other than the parent or legal guardian who is authorized to remove the Scout from camp, or the person picking up the Scout must show a notarized letter signed by the parent or legal guardian giving permission for the person to pick up the Scout. The camp office will also ask for a photo ID for positive identification.



Showers

A centrally located shower house provides hot water showers for all. Scouts using the showers must have responsible supervision from adults in the troop. Youth Protection guidelines must be followed at all times.

First Aid

Injuries and Illnesses

All injuries must be reported to the Health Services Director so that appropriate records may be kept. Should an emergency occur, leaders should apply first aid, if appropriate, and then contact the Health Lodge for further assistance for the evaluation of the injury or illness.

Trips to the Hospital

Troop leaders will be responsible for providing transportation for troop members requiring services from a doctor or hospital. Youth Protection guidelines must be followed. If the unit is unable to supply both adults required under the Youth Protection guidelines, then a member of the staff will be utilized for this purpose. If the unit cannot supply an appropriate vehicle, a camp vehicle or staff vehicle may be used. The leader must take the injured member's health form, first aid kit, and fire extinguisher in the vehicle. Directions to the hospital are available from the Health Lodge.

Prohibited Items and Unacceptable Behavior



Drugs and Alcohol

The Boy Scouts of America prohibits the use of alcoholic beverages (including low-alcohol beverages) and controlled substances at encampments or activities on property owned and/or operated by the Boy Scouts of America, or at any activity involving participation of youth members. Possession or use on camp property will be cause for removal.

Aerosols

The use of aerosols in and around tents is strictly prohibited. Aerosol propelled insect repellants damage the tent canvas and can also adversely affect some campers' lungs.

Mobile Phones

Mobile Phones are NOT allowed in camp. The use of mobile phones by Scouts in camp is strictly prohibited. Adults that need to use them are requested to use them out of sight of the boys and down in the parking lot area. Mobile phones that are used by Scouts will be confiscated. Mobile phones detract from the outdoor experience of Scouting and can complicate issues of homesickness.

Cutting Trees

One of the things that makes Camp Wanocksett magnificent is the abundance of mature tree growth on its property. No living or dead trees are to be cut without specific permission of the Camp Director or Ranger. A \$15 per inch diameter or \$100 penalty, whichever is greater, will be enforced. Importation of firewood from outside of Camp Wanocksett is prohibited per the Nashua Valley Council Board of Directors. This assists in the prevention of invasive species, including the Asian Longhorn Beetle and Emerald Ash Borer, from destroying our mature trees. Ample firewood can be found around your campsite in the form of fallen dead wood, and a limited supply of split cordwood is available at the maintenance shop.



Fireworks

Possession or use of fireworks in camp is prohibited and is cause for removal.

Fuels

Flammable liquids are generally prohibited from use in camp. This includes fire-starting liquids and gels. No flames of any type are to be used inside a tent. It is the responsibility of the adult leaders to ensure that any excess fuel that is not currently attached to a stove or lantern is stored in the fuel storage shed located in the ranger's maintenance area. Do not dispose of used fuel canisters in a campfire, as the heat may cause them to explode.

Hazing

Initiations or hazing of any type is in violation of the Boy Scouts of America Youth Protection policy and federal law. Withholding knowledge of hazing is considered to be an equally serious offense. Any violations must be reported to the Camp Director, who is obligated to report information to the Scout Executive.

Sheath Knives

Sheath knives are not to be carried by campers or leaders. For all other knives, the rule of thumb is that if it is bigger than your hand, it does not belong in camp. Troops may enforce more stringent standards consistent with their program.

Smoking

Smoking is prohibited on Camp Wanocksett property per order of the Nashua Valley Council Board of Directors. Smoking is permitted on the public road by the main parking lot, out of sight of the campers.

Youth Protection

Camp Wanocksett and Nashua Valley Council adhere to all Youth Protection guidelines of the Boy Scouts of America.

Summer camp is an important part of the program of the Boy Scouts of America. The outdoors are the ideal environment for developing citizenship, character, and fitness, the core goals of Scouting. It is also at camp that the responsibility for caring for Boy Scouts becomes a 24-hour-a-day duty.

In meeting your leadership responsibilities, you may be confronted with situations alien to your experience. Child abuse is one such situation, and regardless of your background, you are responsible for the physical and emotional safety of the Scouts in your care. Child abuse is the injury of a child by an adult or older child, which might not be intentional, but is not accidental. It is usually classified as physical, emotional, or sexual abuse. IF A CHILD REPORTS BEING ABUSED, OR IF YOU SUSPECT ABUSE, CONTACT THE CAMP DIRECTOR IMMEDIATELY. DO NOT DISCUSS THE MATTER WITH



2016 CAMP WANOCKSETT LEADER'S GUIDE

OTHER SCOUTS OR LEADERS. The following barriers to abuse within Scouting are used at camp to ensure the safety of our youth campers.

- Two deep leadership is required at all times.
- Each adult who enters onto camp property for the purpose of assisting the troop and/or will be exposed to Scouts must have completed the BSA Youth Protection Certification Training.
- Adult leaders must respect the privacy of youth members in situations such as changing clothes and taking showers at camp, and intrude only to the extent that immediate health and/or safety issues are at risk. Adults must protect their own privacy in similar situations.
- No secret organizations are allowed in the Boy Scouts of America. All aspects of the program are open to observations by parents and leaders.
- Appropriate attire: Proper clothing is always required; e.g., skinny-dipping is not appropriate in Scouting.
- Physical hazing and initiations are prohibited and may not be included as part of any Scouting activity.
- Constructive discipline must always be used in Scouting. Corporal punishment is never allowed.

These youth protection policies are National Camp Accreditation standards. Please review them carefully. Your cooperation is greatly appreciated.

Intrusion of Unauthorized Persons

- Leaders should stop in to their campsites throughout the day, noting anything out of the ordinary.
- All visitors must report to the administration building to sign-in and sign-out. This book will be monitored by the Camp Administration.
- All adult leaders who will be staying at camp for any length of time, and/or will be in contact with a Scout, must receive either a visitor's pass from the Camp Administration or be wearing a weekly Wanocksett leader's badge.
- If an unauthorized person is suspected, the nearest staff member must be notified. The staff member will make contact with the camp office, and stand by to give or receive further instruction.
- The camp office will notify the Camp Director who will proceed with another administrator, or other adult to question the destination of the individual in question.
- Camp program will continue unless the Camp Director, or his designee, determines the situation warrants a camp wide emergency assembly, which would be signaled by the siren.
- An assessment is made to the severity of the problem, and the need to call the police. The Scout Executive is notified of the situation.
- Leaders should train their Scouts in the above procedures. Most importantly is that Scouts do not approach the person in question; rather, they are to find an adult immediately.
- The buddy system is enforced at all times.



Verification of No-Shows

If a Scout listed on a troop roster fails to show up at camp, the camp administration must verify the reason for his absence. Troop leaders must also report, for verification, any additional names of Scouts not listed on their pre-submitted rosters who were supposed to be attending. The Camp Administration will telephone each Scout's home to ensure that his parents or guardian know that their son is not at camp.

Camp Staff / Counselor in Training Program



One of the key contributors to the Wanocksett Experience is the camp staff; the dedicated men, women, and youth who spend their summers working to ensure every troop in camp has the richest experience possible.

Counselor in Training (CITs) and camp staff positions are available each season to qualified Scouts, Scouters, and skilled adults among a wide variety of administrative, program, and support functions. Camp Wanocksett is always looking for new Counselors in Training to insure the quality of the Wanocksett Experience for years to come.

This program is for those Scouts who will be 14 years old by the start of the camp season and have not participated in the program before. It includes a

program of training for your older boys that not only prepares them for camp staff, but also makes them stronger leaders for your troop. Song leading, merit badge counseling, program instruction, safety awareness, leadership essentials, and more will be taught over a three-week period. Each Scout must attend Staff Week for training with the whole camp staff prior to Week 1, and then will spend three weeks at Camp Wanocksett during the summer (scheduling is flexible). For more information, or for an application, please contact the Camp Director (director@campwanocksett.org), or CIT Director (cit@campwanocksett.org).

Camp Staff positions are applied for in the fall of each year, with interviews during school holiday breaks in November and December. Applications for Camp Staff are available online at www.campwanocksett.org.

The Camp Wanocksett Wish List

This camp is run for one sole purpose: to support your troop program. We want to do all we can to support your efforts to deliver the Scouting program through your troop. Just like your troop, we are always looking for materials that will help us to better serve the needs of the boys. If you are able to help us with any of the materials/items listed below it will help us to more effectively deliver the Wanocksett Program. Thanks in advance for all you do to make the Wanocksett Experience possible.

- Office Supplies
 - Reams of white paper
- Program Supplies
 - Scrap leather
 - Bass Wood (Carving)
 - Frame Canopies/Carports
- Maintenance Supplies
 - Construction Wheel Barrows
 - Garden Tools (Rake, Shovel, Broom, etc.)
 - Wood Chips - Delivered
 - 3/4" road base - Delivered
 - Benjamin Moore Exterior Semi-Solid Latex Stain – Oxford Brown Color
 - Pressure Treated Lumber for Picnic Tables, Tent Platforms, and Cabin Renovations*
 - Tongue & groove Lumber for cabin renovations*
 - New Vinyl replacement windows for cabin renovations*
 - New Green Metal Roofing for cabin renovations*



*=Contact director@campwanocksett.org for specific details

Sample Camp Menus

Camp Wanocksett - Cycle 1

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	Closed No Service	Pancakes w/ Syrup Sausage Orange Wedges	French Toast Texas Style Brown Sugar Glazed Ham Sliced Pears	Breakfast Burrito Wraps Cheese Salsa Bananas	Pancakes w/Syrup Sausage Orange Wedges	French Toast w/Syrup Brown Sugar Glazed Ham Warm Apple Compote	Assorted Bagels w/ Cream Cheese Homemade Coffee Cake Sliced Melon
LUNCH	Closed No Service	Chicken Tenders w/ Dipping Sauces Sweet Potato Fries Cole Slaw Baked Carnival Cookies (Hummus and Pitas)	"Build your own Tacos" Spanish Rice Fiesta Corn Nachos w/ Salsa Fruit Cocktail Ice Cream Cup (Vegi and Black Bean Tacos)	Chicken Sandwich w/ Lettuce, Tomato, Pickle Potato Chips Broccoli Cheese Salad Brownies (Grilled Portobello Sandwich)	Steak & Cheese Subs Oven Fries Veggie Sticks Chocolate Chip Cookies (Vegi Joes)	Hot Dogs Baked Macaroni & Cheese Fresh Veggie Sticks Popsicles (Vegi Dogs)	Closed No Service
DINNER	"Pizza Festival" Anti Pasta Salad Assorted Pizzas & Calzones Corn Chips Popsicles (vegi pizza or calzones)	Fresh Baked Bread Green Salad w/ Dressing Roast Pork Loin w/Gravy Oven Roasted Potatoes Green Peas Strawberry Shortcake (Red Bean & Tomato Salad)	Fresh Baked Bread Garden Salad w/ Dressing Hunter's Chicken w/ Mushroom Sauce Garlic Mashed Potatoes Buttered Carrots Homemade Apple Crisp (Stuffed Portobellos)	"Bar B Que Night" Italian Salad Hamburgers & Hot Dogs w/ Toppings Homemade Pulled Pork Rolls Potato Salad Pasta Salad Watermelon (vegi dogs and burgers)	Garden Salad w/ Dressing Fresh Baked Bread Roast Turkey w/Stuffing Gravy Mashed Potatoes Green Peas Cranberry Sauce Apple Pie Squares (Stuffed Portobellos)	Garlic Bread Caesar Salad Ziti w/ Meatballs Italian Green Beans Lemon Layer Cake (Pasta Primavera)	Closed No Service

Camp Wanocksett - Cycle 2

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	Closed No Service	Pancakes w/Syrup Sausage Sliced Peaches	French Toast Texas Style Brown Sugar Glazed Ham Orange Wedges	Breakfast Burrito Wraps Cheese Salsa Bananas	Pancakes w/Syrup Sausage Sliced Pears	French Toast w/Syrup Brown Sugar Glazed Ham Warm Apple Compote	Assorted Bagels w/ Cream Cheese Homemade Coffee Cake Fresh Sliced Melon
LUNCH	Closed No Service	Hot Meatball Subs Oven Fries Veggie Sticks Chocolate Chip Cookies (Red Bean & Tomato Salad)	"Build Your Wrap" Buffalo Chicken or Chicken Caesar Salad Pasta Salad Fruit Cocktail Pudding w/Topping (hummus wraps)	Chicken Sandwich w/ Lettuce, Tomato, Pickle Sweet Potato Fries Broccoli Cheese Salad Brownies (Vegi Joes)	Chicken Quesadilla Spanish Rice Corn Nacho Chips & Salsa Pudding w/Topping (vegi quesadilla)	Cold Cut Bar Turkey, Ham, Salami, Cheese, Lettuce, Tomato Onion, Pickles Baked Macaroni & Cheese Fresh Veggie Sticks Popsicles (Vegi Subs)	Closed No Service
DINNER	"Pizza Night" Caesar Salad Assorted Pizzas & Calzones Corn Chips Ice Cream Sandwich (Vegi Pizza or Calzones)	Salad Bar Garlic Bread Chicken Parmesan w/Ziti Mixed Italian Vegis Boston Cream Cake (Vegi Alfredo)	Garden Salad w/ Dressing Fresh Baked Bread Baked Meatloaf w/ Gravy Loaded Baked Potatoes Fresh Carrots Mixed Berry Crisp (Stuffed Peppers)	"Bar B Que Night" Caesar Salad Hamburgers & Hot Dogs w/ toppings Homemade Pulled Pork Rolls Potato Salad Pasta Salad Chips Watermelon (Vegi Burgers and Dogs)	Salad Bar Fresh Baked Rolls Roast Beef Seasoned Rice Chef's Choice Beans Pineapple Upside Down Cake (Herb Roasted Tofu and Vegis)	Garden Salad w/ Dressing Fresh Baked Bread Shepherd's Pie Chef's Choice Cake (Tofu Shepherd's Pie)	Closed No Service



BOY SCOUTS OF AMERICA®

NASHUA VALLEY COUNCIL

2016 SUMMER CAMP MEDICAL FORM INSTRUCTIONS

Accurate medical records for campers and staff are required by BSA standards and state law. They are also critical to ensure timely, effective care should you or your Scout become sick or injured while at camp. All campers, adult leaders and staff **MUST** complete the BSA Annual Health and Medical Record form annually. Forms expire after 12 months.

Scouts, leaders, parents, and visitors WILL NOT PARTICIPATE in many camp activities including (but not limited to) swimming, boating, climbing, COPE, and sports, and may not remain in camp longer than 72 hours without a completed medical form.

Read the medical form carefully. The next page highlights areas that are commonly incomplete. All portions of the form must be completed for ALL summer camp programs. Please take note of the following:

PART A:

This page contains an important risk advisory, informed consent, and release. Please read this advisory carefully. The participant and parents (if participant is under 18) must sign to acknowledge agreement with the information on this page.

This page also includes space to list adults who are authorized (or prohibited) to take this participant to/from events.

PART B:

Part B contains the participant's contact and insurance information and general health history. Page 2 of this section contains information about medication and allergies. Please complete these sections carefully and accurately. The parents and health care professional must sign to authorize all medication **INCLUDING NON-PRESCRIPTION MEDICATION**.

PART C:

Part C is the annual physical. This page should be completed and signed by the health care professional conducting the physical examination. Physicals are required within 12 months of an event lasting longer than 72 hours.

COMMON MISTAKES:

- Missing parent/guardian signature (Part A)
- Missing emergency contact information (Part B)
- Incomplete medication information (Part B)
- Missing signature for non-prescription medication (Part B)
- Missing medical insurance card (Part B)
- Missing immunization record (Part B)
- Missing physician signature (Part B & C)
- Physical exam more than 12 months ago (Part C)

NOTE: State regulations require that a copy of your complete immunization record be attached to your medical form.

MEDICAL FORMS ARE NOT RETURNED AT THE END OF CAMP.

Always submit a **COPY** of your medical form. Keep the original for use at other Scouting activities.

PART A - Page 1

PART B - Page 1

Part A: Informed Consent, Release Agreement, and Authorization

Full name: High-adventure base participants: Expedition/row No.: or staff position: DOB:

Informed Consent, Release Agreement, and Authorization I understand that participation in scouting activities involves the risk of personal injury resulting from...

I have hereby signed and given to the local council and the Boy Scouts of America, as well as their authorized representatives, the right and permission to use and publish the photographs...

Participant and parents (if participant is under 18) must sign to acknowledge the informed consent and release on this page.

I further authorize the sharing of the information on this form with any state, federal, or local law enforcement agencies...

Participant's signature, Parent/guardian signature for youth (if participant is under the age of 18), Second parent/guardian signature for youth (if requests for example, California)

Complete this section for youth participants only: Adults Authorized to Take to and from Events, Adults NOT Authorized to Take Youth to and from Events

Adults authorized to, or prohibited from, taking a participant to/from an event.



Part B: General Information/Health History

Full name: High-adventure base participants: Expedition/row No.: or staff position: DOB:

Include insurance information and attach a copy of the participant's insurance card.

Please attach a photocopy of both sides of the insurance card. If you do not have medical insurance, enter "none" above.

Health History

Table with columns: Yes, No, Condition, Explain. Rows include: Diabetes, Hypertension (high blood pressure), Adult or congenital heart disease, Family history of heart disease, Stroke/TIA, Asthma, Lung/respiratory disease, Celiac disease, Anxiety/depression, etc.



PART B - Page 2

PART C - Page 1

Part B: General Information/Health History

Full name: High-adventure base participants: Expedition/row No.: or staff position: DOB:

Allergies/Medications

List all allergies, and medications taken here.

List all medications currently used, including any over-the-counter medications.

Table with columns: Medication, Dose, Frequency, Reason

Bring enough medications in sufficient quantities and in the original containers. Make sure that they are NOT expired.

Immunization

Table with columns: Age, No, Yes, Most Diseases, Immunization

Even if you don't have any prescription medication, you must check "yes" to authorize use of non-prescription medication.

Parent and physician must sign to authorize medication.

Even if you don't have any prescription medication, you must sign to authorize use of non-prescription medication.



Part C: Pre-Participation Physical

Full name: High-adventure base participants: Expedition/row No.: or staff position: DOB:

Health care professional completes this page.

You are being asked to certify that this individual has no contraindication for participation in a Scouting experience.

Table with columns: Medical conditions to participate, Yes, No, Explain

Table with columns: Yes, No, Allergies or Reactions, Explain

Examiner's Certification I certify that I have reviewed the health history and examined this person and that he/she is qualified for participation in a Scouting experience.

Health care professional must sign here.

Examiner's Signature, Date, Provider printed name, Address, City, State, ZIP Code, Other phone:

Table with columns: Height (inches), Max. Weight, Medical Condition, Max. Weight, Height (inches), Max. Weight, Height (inches), Max. Weight



Part A: Informed Consent, Release Agreement, and Authorization

Full name: _____
 DOB: _____

High-adventure base participants:
 Expedition/crew No.: _____
 or staff position: _____

Informed Consent, Release Agreement, and Authorization

I understand that participation in Scouting activities involves the risk of personal injury, including death, due to the physical, mental, and emotional challenges in the activities offered. Information about those activities may be obtained from the venue, activity coordinators, or your local council. I also understand that participation in these activities is entirely voluntary and requires participants to follow instructions and abide by all applicable rules and the standards of conduct.

In case of an emergency involving me or my child, I understand that efforts will be made to contact the individual listed as the emergency contact person by the medical provider and/or adult leader. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the adult in charge, camp medical staff, camp management, and/or any physician or health-care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

(If applicable) I have carefully considered the risk involved and hereby give my informed consent for my child to participate in all activities offered in the program. I further authorize the sharing of the information on this form with any BSA volunteers or professionals who need to know of medical conditions that may require special consideration in conducting Scouting activities.

With appreciation of the dangers and risks associated with programs and activities, on my own behalf and/or on behalf of my child, I hereby fully and completely release and waive any and all claims for personal injury, death, or loss that may arise against the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with any program or activity.

I also hereby assign and grant to the local council and the Boy Scouts of America, as well as their authorized representatives, the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me or my child at all Scouting activities, and I hereby release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all liability from such use and publication. I further authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the BSA, and I specifically waive any right to any compensation I may have for any of the foregoing.



NOTE: Due to the nature of programs and activities, the Boy Scouts of America and local councils cannot continually monitor compliance of program participants or any limitations imposed upon them by parents or medical providers. However, so that leaders can be as familiar as possible with any limitations, list any restrictions imposed on a child participant in connection with programs or activities below.



List participant restrictions, if any: None

I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/or eliminate the opportunity for participation in any event or activity. If I am participating at Philmont, Philmont Training Center, Northern Tier, Florida Sea Base, or the Summit Bechtel Reserve, I have also read and understand the supplemental risk advisories, including height and weight requirements and restrictions, and understand that the participant will not be allowed to participate in applicable high-adventure programs if those requirements are not met. The participant has permission to engage in all high-adventure activities described, except as specifically noted by me or the health-care provider. If the participant is under the age of 18, a parent or guardian's signature is required.

Participant's signature: _____ Date: _____

Parent/guardian signature for youth: _____ Date: _____

(If participant is under the age of 18)

Second parent/guardian signature for youth: _____ Date: _____

(If required; for example, California)

Complete this section for youth participants only:

Adults Authorized to Take to and From Events:

You must designate at least one adult. Please include a telephone number.

Name: _____

Name: _____

Telephone: _____

Telephone: _____

Adults NOT Authorized to Take Youth To and From Events:

Name: _____

Name: _____

Telephone: _____

Telephone: _____



Part B: General Information/Health History

Full name: _____

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____

DOB: _____

Age: _____ Gender: _____ Height (inches): _____ Weight (lbs.): _____

Address: _____

City: _____ State: _____ ZIP code: _____ Telephone: _____

Unit leader: _____ Mobile phone: _____

Council Name/No.: _____ Unit No.: _____

Health/Accident Insurance Company: _____ Policy No.: _____



Please attach a photocopy of both sides of the insurance card. If you do not have medical insurance, enter "none" above.



In case of emergency, notify the person below:

Name: _____ Relationship: _____

Address: _____ Home phone: _____ Other phone: _____

Alternate contact name: _____ Alternate's phone: _____

Health History

Do you currently have or have you ever been treated for any of the following?

Yes	No	Condition	Explain
		Diabetes	Last HbA1c percentage and date:
		Hypertension (high blood pressure)	
		Adult or congenital heart disease/heart attack/chest pain (angina)/heart murmur/coronary artery disease. Any heart surgery or procedure. Explain all "yes" answers.	
		Family history of heart disease or any sudden heart-related death of a family member before age 50.	
		Stroke/TIA	
		Asthma	Last attack date:
		Lung/respiratory disease	
		COPD	
		Ear/eyes/nose/sinus problems	
		Muscular/skeletal condition/muscle or bone issues	
		Head injury/concussion	
		Altitude sickness	
		Psychiatric/psychological or emotional difficulties	
		Behavioral/neurological disorders	
		Blood disorders/sickle cell disease	
		Fainting spells and dizziness	
		Kidney disease	
		Seizures	Last seizure date:
		Abdominal/stomach/digestive problems	
		Thyroid disease	
		Excessive fatigue	
		Obstructive sleep apnea/sleep disorders	CPAP: Yes <input type="checkbox"/> No <input type="checkbox"/>
		List all surgeries and hospitalizations	Last surgery date:
		List any other medical conditions not covered above	



Part B: General Information/Health History

Full name: _____
 DOB: _____

High-adventure base participants:
 Expedition/crew No.: _____
 or staff position: _____

Allergies/Medications

Are you allergic to or do you have any adverse reaction to any of the following?

Yes	No	Allergies or Reactions	Explain	Yes	No	Allergies or Reactions	Explain
		Medication				Plants	
		Food				Insect bites/stings	

List all medications currently used, including any over-the-counter medications.

CHECK HERE IF NO MEDICATIONS ARE ROUTINELY TAKEN. IF ADDITIONAL SPACE IS NEEDED, PLEASE INDICATE ON A SEPARATE SHEET AND ATTACH.

Medication	Dose	Frequency	Reason

YES NO Non-prescription medication administration is authorized with these exceptions: _____

Administration of the above medications is approved for youth by:

_____/_____
 Parent/guardian signature MD/DO, NP, or PA signature (if your state requires signature)

!

Bring enough medications in sufficient quantities and in the original containers. Make sure that they are NOT expired, including inhalers and EpiPens. You SHOULD NOT STOP taking any maintenance medication unless instructed to do so by your doctor.

!

Immunization

The following immunizations are recommended by the BSA. Tetanus immunization is required and must have been received within the last 10 years. If you had the disease, check the disease column and list the date. If immunized, check yes and provide the year received.

Yes	No	Had Disease	Immunization	Date(s)	Please list any additional information about your medical history:
			Tetanus		
			Pertussis		
			Diphtheria		
			Measles/mumps/rubella		
			Polio		
			Chicken Pox		
			Hepatitis A		
			Hepatitis B		
			Meningitis		
			Influenza		
			Other (i.e., HIB)		
			Exemption to immunizations (form required)		

DO NOT WRITE IN THIS BOX
 Review for camp or special activity.

Reviewed by: _____

Date: _____

Further approval required: Yes No

Reason: _____

Approved by: _____

Date: _____

Part C: Pre-Participation Physical

This part must be completed by certified and licensed physicians (MD, DO), nurse practitioners, or physician assistants.

Full name: _____

DOB: _____

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____



You are being asked to certify that this individual has no contraindication for participation inside a Scouting experience. For individuals who will be attending a high-adventure program, including one of the national high-adventure bases, please refer to the supplemental information on the following pages or the form provided by your patient.



Examiner: Please fill in the following information:

		Yes	No	Explain							
Medical restrictions to participate											
Yes	No	Allergies or Reactions		Explain		Yes	No	Allergies or Reactions		Explain	
		Medication						Plants			
		Food						Insect bites/stings			

Height (inches): _____ Weight (lbs.): _____ BMI: _____ Blood Pressure: _____ / _____ Pulse: _____

	Normal	Abnormal	Explain Abnormalities
Eyes			
Ears/nose/throat			
Lungs			
Heart			
Abdomen			
Genitalia/hernia			
Musculoskeletal			
Neurological			
Other			

Examiner's Certification

I certify that I have reviewed the health history and examined this person and find no contraindications for participation in a Scouting experience. This participant (with noted restrictions):

True	False	Explain
		Meets height/weight requirements.
		Does not have uncontrolled heart disease, asthma, or hypertension.
		Has not had an orthopedic injury, musculoskeletal problems, or orthopedic surgery in the last six months or possesses a letter of clearance from his or her orthopedic surgeon or treating physician.
		Has no uncontrolled psychiatric disorders.
		Has had no seizures in the last year.
		Does not have poorly controlled diabetes.
		If less than 18 years of age and planning to scuba dive, does not have diabetes, asthma, or seizures.
		For high-adventure participants, I have reviewed with them the important supplemental risk advisory provided.

Examiner's Signature: _____ Date: _____

Provider printed name: _____

Address: _____

City: _____ State: _____ ZIP code: _____

Office phone: _____

Height/Weight Restrictions

If you exceed the maximum weight for height as explained in the following chart and your planned high-adventure activity will take you more than 30 minutes away from an emergency vehicle/accessible roadway, you may not be allowed to participate.

Maximum weight for height:

Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight
60	166	65	195	70	226	75	260
61	172	66	201	71	233	76	267
62	178	67	207	72	239	77	274
63	183	68	214	73	246	78	281
64	189	69	220	74	252	79 and over	295



Unit Roster

Save time – Submit electronically and update anytime online at events.nashuavalleybsa.org

Please complete with the names and ages of all adults staying in camp, and which days they will be staying in camp. Please also list Scouts by patrol with their patrol name. We request that this form be submitted during your Pre-Camp Orientation meeting, and should be updated when you arrive at camp and throughout the week if leadership plans change.

Unit Type & Number: _____

Town & State: _____

Campsite: _____

Year: 2016 Week: 1 2 3 4 5 6 7

Name	Age	Sun	Mon	Tues	Wed	Thurs	Fri	Sa

SPL: _____

ASPL: _____

Patrol: _____	Age
PL:	

Patrol: _____	Age
PL:	

Patrol: _____	Age
PL:	

Patrol: _____	Age
PL:	

Patrol: _____	Age
PL:	

Patrol: _____	Age
PL:	

Unit Merit Badge Registration

Save time - Submit electronically and update anytime online at events.nashuavalleybsa.org

Comments:	Unit Type & Number: _____
	Town: _____
	Campsite: _____
	2016 Week: 1 2 3 4 5 6 7

		Period 1	Period 2	Period 3
Name	Age			
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				
16.				
17.				
18.				
19.				
20.				
21.				
22.				
23.				
24.				
25.				



Summer Camp Financial Submission

To assist the camp office staff, please complete this page and include it with any payments.

Unit Type & Number: _____ Unit Town: _____ Week at Camp: _____

Early Bird Camper _____ x \$375 = _____
 2016 Webelos Crossover Camper _____ x \$375 = _____
 Full Fee Camper _____ x \$395 = _____
 Additional Full Week Adult Leader _____ x \$75 = _____
 Additional Adult Leader Meals _____ x \$5 = _____
 Other _____ x _____ = _____

Total: _____

Current Credit or Balance on record*: _____
(not including campsite deposit)

Payment Enclosed: _____

Notes: _____

Name: _____ Phone Number: _____

Email Address: _____

Please write clearly as a receipt will be sent to the email address listed above.

Prior to June 17, 2016, camp financial transactions and balance/credit inquiries should be completed through the council office.

Nashua Valley Council
 1980 Lunenburg Rd.
 Lancaster, MA 01523
 (978) 534-3532 x109

After June 17, 2016, camp financial transactions and balance/credit inquiries should be completed through the camp office.

Camp Wanocksett
 642 Upper Jaffrey Rd.
 Dublin, NH 03444
 (978) 534-3532 x109

**Please consult the camp administration about your unit's current balance/credit before completing a check.*

W-27

Camp Split Rock
 41 Stowell Rd.
 Ashburnham, MA 01430
 (978) 534-3532 x110
www.campsplitrock.org

Council Service Center
 1980 Lunenburg Rd.
 Lancaster, MA 01523
 (978) 534-3532
www.nashuavalleybsa.org

Camp Wanocksett
 642 Upper Jaffrey Rd.
 Dublin, NH 03444
 (978) 534-3532 x109
www.campwanocksett.org

