

Troop 54 Bike Ride

**Sunday, October 1st @ 2:00 PM at
Trout Brook Reservation, Holden, MA**

We are planning a 15 mile bike ride for interested Scouts and parents. The Troop will have tools available for minor repairs and adjustment for bikes prior to the ride and some snacks after the ride. Parents must arrive to pick up Scouts at 5:00 PM.

BIKE EQUIPMENT:

- * Your bicycle should be properly sized and in good repair with only minor adjustments needed. **Multi speed bikes would be best for this ride.**
- * A water bottle.
- * A certified bicycling helmet. (ANSI or SNELL). Adults must wear helmets too.

RIDE:

15 miles through the back roads around Holden and Sterling.

WEATHER CANCELLATION:

“RAIN CANCELS THE RIDE”. If the roads are wet at 1:00 the ride is automatically cancelled. If the forecast calls for a chance of rain call Bob Shaw @ 508-791-4094 between 1:00 and 1:30 to verify any cancellation.

Adults are encouraged to come with their Scouts on the ride. Scout rules require a minimum of two adults for activities.

“Hey! It’s good exercise.”

Directions to Trout Brook Reservation:

At Holden Center (Rts 122 & 31) Go east/north on Rt 31 about 2 miles. Turn right on Manning Street. Entrance to Trout Brook Reservation is about $\frac{3}{4}$ mile on your left.